

AGAWAM

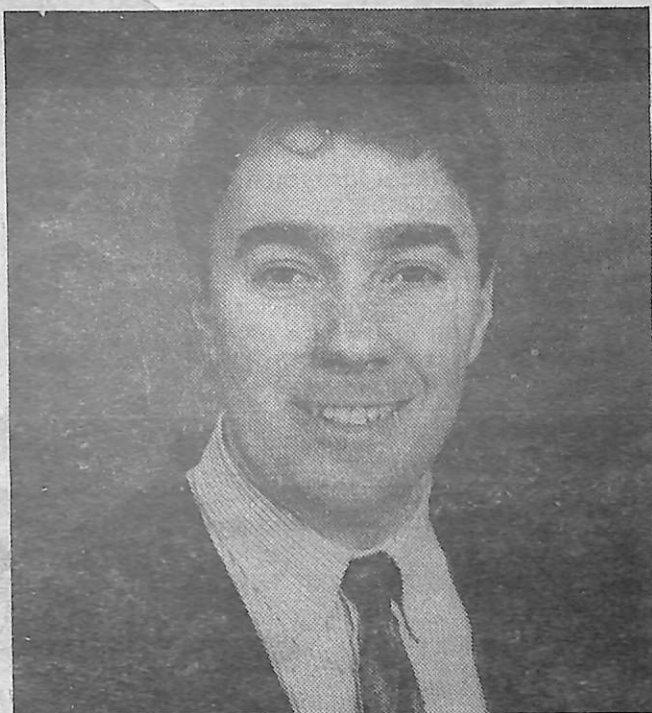
Advertiser·News

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"Your Hometown Newspaper"

Volume XXIII Number 4

January 27, 2000



STATE REP. DAN KEENAN

Mass. Municipal Association Honors Local Lawmaker...

State Representative Dan Keenan Named "Legislator Of The Year"

State Representative Daniel F. Keenan (D) is being honored by the Massachusetts Municipal Association as its Legislator of the Year for 1999.

The association chose Keenan for his "outstanding work on behalf of cities and towns throughout his distinguished legislative career," said Geoffrey Beckwith, Executive Director of the MMA.

"I am honored to receive this award for the work I've done with the communities I represent," said Keenan after learning about the honor.

The MMA is honoring Keenan, "especially for his hard work and leadership and efforts on the issue of pension costs in abolished counties," said Beckwith. Late last year, Keenan worked to adopt an item in the Fiscal Year 2000 budget to protect the pension benefits earned by retired

county employees and employees of the county who were transferred to state service as a result of abolishment of Hampden County government.

The move transferred the unfunded pension liability from the Hampden County retirement system to the Commonwealth. Keenan's work saved millions of dollars for the communities he represents.

"It was very satisfying to solve that problem for my constituents, and to be honored for that work is very special," said Keenan.

Keenan will receive his award on Saturday, January 29th, in Boston at the association's 2000 Annual Meeting.

For more information, please call Keenan's local legislative office at (413) 786-4545 or his Boston office at (617) 722-2430.

Shoveling In A "Winter Wonderland"...



"HEY, WHERE WAS ALL THIS SNOW WHEN WE WERE CELEBRATING CHRISTMAS???" In left photo: Roland Fournier and his "helper," daughter Dawn Parker of West Springfield, sanding and shoveling his Feeding Hills driveway after the first significant snowstorm of the winter. In right photo: Eugene Blair of Feeding Hills taking a shovel to the "white stuff" after the January 20th storm. Advertiser

News photos by Kathy Shepard.

Agawam Historical Assoc. Seeks Artifacts For Museum Opening

In preparation for the anticipated Memorial Day 2000 opening of the Agawam Historical & Fire House Museum on Elm Street, the Agawam Historical Association is seeking donations of historically relevant items to add to their permanent collection.

Association president Rick Bellico says, "This is a very exciting time — the addition to the building has been enclosed and the interior work is well under way. We hope to be up and running this Memorial Day. We need to start thinking about exhibits and displays."

The association is very interested in donations of books, journals, diaries, letter, identified photos, and other artifacts pertaining to the development and history of Agawam and Feeding Hills. Fire memorabilia, especially from Agawam, is also welcome.

If you have a piece of Agawam's history that you would like to donate or display, please call Agawam Historical Association archivists Ann Bradford at 786-6835 or Ann Marie Liptak at 786-3031.

From The Editor...

Don't miss "On Local Politics" in next week's edition. The topic will be the Berkshire Power plant. Included will be a few thoughts on the Council's latest action concerning the power plant, as well as a few other comments on where we are as a town and where we might be going as the plant continues its preparations to go on line.

RMS

From Jan. 15th Through May 1st...

Open Burning Guidelines For Town Of Agawam

The Department of Environmental Protection has designated January 15, 2000 through May 1, 2000 for open burning. Certain guidelines have been established and must be adhered to.

According to Agawam Fire Chief David A. Pisano, the Agawam Fire Department will issue and monitor each permit on a daily basis. Permits will only be issued weather permitting, and only to those locations meeting guidelines.

1. Burning of brush, cane driftwood, and forestry debris will be allowed.

2. No grass, hay leaves, stumps, paper products, trash of any kind will be allowed. CONSTRUCTION MATERIALS ARE STRICTLY PROHIBITED AT ANY TIME.

3. Burning shall take place between the hours of 10:00 a.m. and 4:00 p.m.

4. NO COMMERCIAL OR INSTITUTIONAL BURNING PERMITS WILL BE ISSUED.

5. Burning shall be at a location greater than 75 feet from any dwelling or structure.

6. Outside burning for cooking purposes is allowed.

7. NEVER USE GASOLINE TO START THE FIRE.

8. Someone must attend the fire until completely extinguished. Have water supply handy at all times.

ANY FIRE WHICH IS DETERMINED TO BE A HEALTH HAZARD OR NUISANCE, WILL BE REQUIRED TO BE EXTINGUISHED IMMEDIATELY.

All permits will be issued from Fire Headquarters, 800 Main Street, Agawam. The phone number is 786-2662.

PLEASE DO NOT USE THE "911" NUMBER TO CALL FOR PERMITS.

For photo coverage in The AAN, call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation...

FireWise...

by Fire Chief David Pisano
Some Tips On Choosing And Using A Fire Extinguisher

Most fires start small, and it is at this stage that if a fire extinguisher is handy, it could put out the fire or keep it from spreading. You should only attempt to fight a fire with a fire extinguisher when it is small and in its early stage.

If your exit could potentially be blocked by fire, don't attempt to fight the fire. Instead, get out of the building.

The Agawam Fire Department provides the following hints on purchasing and using a fire extinguisher:

- Most fire extinguishers operate this way:
 1. Pull the locking pin.
 2. Aim at the base of the flames.
 3. Squeeze the handle.
 4. Sweep back and forth over the burning area.
- The contents of most extinguishers last less than 30 to 60 seconds. Aim carefully at the base of the flame.
- Fire extinguishers are meant to fight only small fires (no bigger around than a trash can). Fighting too large a fire can be dangerous.
- Whenever a fire occurs, get everyone out first and call the Agawam Fire Department at 911. Then use your extinguisher if the fire is still small enough.
- All fire extinguishers are not alike. They are marked with the letter(s) indicating the type of fire they can put out:
 - "A" — Ordinary fuels such as wood, cloth, paper, rubber, and plastics.
 - "B" — Flammable liquids like gasoline, kerosene, oil, paint, and kitchen grease.
 - "C" — Electricity.
 - "D" — Metals.
- Purchase a multi-purpose extinguisher with a "BC" or "ABC" label for typical home use.
- Install extinguishers.
- Check the pressure gauge on your extinguisher periodically to see if it needs recharging. Look in the phone book for professionals to fill and recharge extinguishers.
- Always refill or replace a used extinguisher immediately. Never put it back empty. An empty extinguisher is dangerous for someone else to use.

For further information, call the Agawam Fire Department at 786-2662.

SCOTT M. HIBBERT

Attorney at Law

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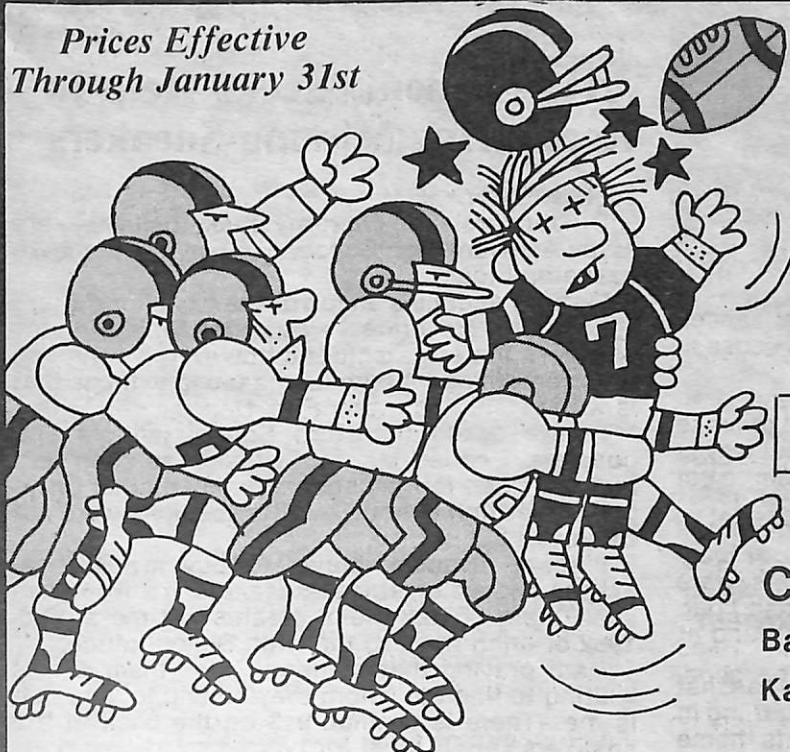
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Kahlua Combos (All Flavors) **\$4.75** (4 Pk.)

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Merlot **\$10.99**

Low Tier — Chablis, Rhine, Burgundy, Blush, Chilled Red,
Covee Blanc, French Columbard **\$7.49**

Concha Y Toro (1.5 Ltr.)

Cabernet Savignon/Merlot, Chardonnay, Merlot/Cabernet,
Swrah Malbec, Savignon Blanc **\$6.99**



JANUARY BEER SPECIALS

Miller Lite

30-Pk. Cans

\$16.99 (P.D.)

**Busch And
Busch Light**

30-Pk. Cans

\$11.99 (P.D.)

**Killian's
Irish Red**

12-Pk. Btls.

\$9.99 (P.D.)

Labatts's

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\$7.99 (P.D.)

**J.W. Dundee
Honey Brown**

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\$7.99 (P.D.)

Beck's

12-Pk. Cans

\$9.99 (P.D.)

Sierra Nevada

12-Pk. Btls.

\$11.99 (P.D.)

**Mike's
Lemonade**

6-Pk. Btls.

\$4.99 (P.D.)

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Grapefruit Gin**

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**Captain
Morgan Rum**

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**Ron Roberto
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WESTFIELD
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RTE. 20
WESTFIELD
568-4377

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Letters To The Editor

Family Of Ken Grady Expresses Appreciation

To The Editor:

We would like to thank everyone for their kindness and support when our dad passed away.

We would like to thank the members of the Agawam Fire Department; in particular, the paramedics and the EMTs who came to our aid. As always, you did a great job.

To the members of the Agawam Police Department: it is difficult to find the words that express how we feel, but we think our mother said it best in a letter she sent to the police department.

We would like to share that letter with your readers.

Thank you,
Mrs. Barbara (Grady) Tessicini
Kenneth Grady, Jr.
Lawrence Grady

On behalf of the entire family of Chief Ken Grady, I would like to extend my sincere appreciation for the presence and participation of the Agawam Police Department during his wake and funeral.

Each member of the honor guard stood by Ken's casket with the same quiet dignity that personified the way Ken lived his life. Their presence was both an inspiration and a comfort to us at this very difficult time.

Our heavy hearts swelled with pride as we drove by the saluting officers at the Police Station on the way to his gravesite. I know that Ken would have been very pleased with such a moving tribute. The line of officers at attention, accompanied by the bagpipes, made for a moving closure to the final chapter of his life.

We extend our gratitude to each and every officer who attended. We hope that with this letter we can honor them in the same way that they honored Ken.

Sincerely,
Mrs. Betty Grady

DMH Needs To Receive The Appropriate Funding

To The Editor:

The House Minority Leader is calling for a public censure of Representative Ellen Story, while a Springfield Diocesan Catholic priest says she needs to be forgiven.

I suggest that censure and forgiveness would be more appropriately directed to those State Legislators who, year after year, continue to vote to underfund the Department of Mental Health. This is the department which services the large population of people in this Commonwealth who suffer from the incurable but treatable neurobiological disorders, known as mental illness. It should also be directed at whatever other officials may be playing a role in this shameful debacle!

Here are some of the disburbing facts. The latest official DMH count of people on the waiting list for services in Western Mass. alone is 2,246 adults, 208 children. Out of these numbers, the Dept. of Mental Health, because of this year's underfunding, will be able to serve only five adults, one child, and 19 (ages unknown to this writer) homeless persons. This is UNCONSCIONABLE and leads me to conclude that the issue of censure and forgiveness are indeed blatantly misdirected!

In addition, it must be noted that these numbers only represent the people who've been "identified" as needing services. We can only guess at the unknown numbers of people with serious mental illness who don't even get in to the DMH system. This may be because they don't know about it, or because the illness has them in denial; or because they have no one to advocate for them or to help them through the most difficult and complicated maze which must be maneuvered in order to be considered a possible client.

This lack of adequate funding has also led to the long-standing DMH practice of "graduating" clients from services in order to make room for some of the people on the DMH waiting list. This is done even though these illnesses are incurable and of life-long duration, with recycling of symptoms a common feature.

WHERE IS THE OUTRAGE ABOUT THESE FACTS AND REALITIES? These are realities which translate into hurting, fractured, broken families; homelessness; indescribable pain and despair; needless, unfair imprisonment, suicides, etc.

PLEASE!!!! Censure, forgive a woman who is fighting with all her strength to secure adequate services for this suffering, stigmatized, demonized, but most deserving population? I think not!

Let's direct ourselves to look at the big picture. The real question is, "WHY DOES THIS TRAVESTY OF JUSTICE CONTINUE, AND HOW AND WHEN WILL IT BE ACKNOWLEDGED AND RECTIFIED?" There is much work to be done. Let's do it! And, let's do it now! It really is, in many of these cases, a matter of life or death.

Sincerely,
Janice D'Amours White, member
NAMI of Western Ma. Board of Directors
Feeding Hills

Our Schools' "Snowstorm Policy" Needs Improvement

To The Editor:

Whatever system is being used to decide when school should be canceled in Agawam needs to be improved.

Agawam schools have a history of either canceling when there isn't any real need, or — in the case of Tuesday, January 25th — not canceling when it is obvious that it makes good sense to do so.

Now, I realize that deciding when and if to cancel school can be a difficult decision to make and not one that I would want to make. But why is it that the other local school systems seem to get it right the majority of the time and we can't?

The decision to not cancel school on the morning of January 25th showed extremely poor judgment. All of the local weather forecasts were predicting six to 10 inches of snow by rush hour. There were at least two inches on the ground at 6:00 a.m., with more on the way.

It's mindboggling to think of the resources that were wasted by not canceling school first thing in the morning and then sending students home shortly after arriving at school. I'm just glad I happened to be off from work that day, as my daughter showed up at my doorstep at 10:00 o'clock, having been sent home from the Junior High School.

No phone call or anything. Had I not been home, she would have been locked out of the house during a snowstorm, and I'd be at work thinking that she was safe at school.

Regardless, my reason for writing this letter isn't to place blame or point fingers, but rather to point out that our system has some definite flaws that need to be corrected. I suggest that the School Committee place this issue on the agenda for their next meeting.

Perhaps some of the other local school systems could be contacted to find out what approach they use. With some thought and effort, I am sure that a more effective system can be developed.

Todd Peetros
Agawam

AHS Student Seeks Help In Recovering Missing Sneakers

To The Editor:

On January 19th, I lost my basketball sneakers at the Agawam High School. I am on the freshman basketball team.

I left my sneakers on top of the pay phone after I called home for a ride. I was wrong for leaving my sneakers there by accident; however, if someone took something that does not belong to them, that is worse!

I have asked the High School janitors and coaches. I called Ms. McSweeney as soon as I realized I had left my sneakers. My mother drove me to the High School, but the sneakers were not there.

I spent my own money to buy my Reebok, orange and white, size 11 sneakers. If anyone has seen them or has them, please call me at 786-1982 or bring them to the High School office.

I am praying that someone took them and is waiting to find out whom they belong to, and that is me. (There is a number 3 on the back of the sneakers.)

Again, if anyone has information, please call me! I cannot buy another pair. Thank you ahead of time for anything anyone can do!

Sincerely,
Michael McGeoghan

LEGAL NOTICE

LIQUOR LICENSE COMMISSION AGAWAM, MASSACHUSETTS 01001

Notice is hereby given under General Laws, Chapter 138 that Maria Cuccovia, d/b/a Maria's Pizza and Grinders, 605 Silver Street, Agawam, MA, has applied for a Transfer of License, Change of Manager from Maria Cuccovia to Luigina Odierina, and Pledge of License. Building consists of one story concrete building located in the Industrial Park on Silver Street. One main entrance to pizza shop/restaurant from parking lot. Main dining area has exit/egress to adjoining function room which also has a separate entry/egress from the parking lot. Additional egress through rear of function room and through kitchen area in main restaurant. Seating capacity of 44 in restaurant and 75-100 in function room. Public hearing to be held on Tuesday, February 8, 2000, at 7:00 p.m., in the Faolin Peirce Room, 681 Springfield Street, Feeding Hills, MA.

John J. Chriscola, Jr., Chairman
Richard A. DiLullo
Robert Vanderhoof

Published: January 27, 2000

LEGAL NOTICE

LEGAL NOTICE

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TOWN OF AGAWAM PUBLIC HEARING

You are hereby notified that a public hearing will be held at Agawam Middle School, 68 Main Street, in the Town of Agawam, Massachusetts, at 7:00 o'clock p.m., on Monday, February 7, 2000 upon petition of New England Telephone and Telegraph Co. dba Bell Atlantic-New England dated January 11, 2000 for permission to: place one solely owned pole on the west side of Mill St. at a point approximately 45' south of the centerline of Tennis Rd in the ways or parts of ways designated in said petition, along which designated route of line you are an owner of real estate as determined by the last preceding assessment for taxation.

Dated this 20th day of January, 2000.

Information regarding this petition may be obtained from the New England Telephone and Telegraph Co. in Springfield between 8-10 a.m. tel no. 787-0339.

PETITION No. 92-0683

STREET: Mill Street
Ursula Retzler
Clerk of the Council

Published: January 27, 2000

Please remember to patronize your local businesses...



The Agawam Advertiser•News

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786-8137

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Melconian Reassures Consumers About Harvard Pilgrim

Senate Majority Leader Linda J. Melconian (D-Springfield) recently moved to reassure the 7,000 Hampden County members of the troubled Harvard Pilgrim Health Maintenance Organization that the HMO will continue to provide complete health care coverage while it's governed under state receivership.

"Harvard Pilgrim provides vital services to more than a million men, women, and children across the Commonwealth," said Melconian. "There will be no interruption in service during this crisis, and we will make every effort to see that Harvard Pilgrim remains a viable healthcare provider."

Melconian stressed that there will be no change in the provider's day-to-day operations while it is in receivership under the guidance of Insurance Commissioner Linda Ruthardt and Attorney General Thomas Reilly.

Patients can continue to seek care and hospitals will continue to be reimbursed while regulators work to bring Harvard Pilgrim back to financial stability. Reilly and Ruthardt placed Harvard Pilgrim in receivership through the power granted to them under the HMO insolvency legislation passed last November.

Consumers and providers have a wide variety of other protections under the new insolvency law. A "hold harmless" clause insures patients will not be responsible for their medical bills if an HMO goes bankrupt, and a special 30-day, post-insolvency open enrollment period guarantees that all patients will have access to another insurer. Providers will also have special priority when the remaining assets of an insolvent HMO are distributed.

"We in the Senate will work throughout this crisis to assure the rights of the healthcare consumer," said Melconian. "It is imperative that Harvard Pilgrim continue to provide lifesaving services to the citizens of the Commonwealth."

LEGAL NOTICE

LEGAL NOTICE

PUBLIC HEARING AGAWAM CITY COUNCIL

The Agawam City Council will hold a public hearing on Monday, February 7, 2000 at 7:30 P.M. at the Agawam Middle School, 68 Main Street, Agawam, MA on a Class II Dealer License for Auto's by Joseph, 1514 Main Street, Agawam, MA.

Ursula Retzler

Clerk of the Council

Published: January 27, 2000

— ADVERTISER NEWS —

The Inaugural Ball Committee...



PICTURED ABOVE ARE THE members of the committee which organized Mayor Richard Cohen's Inaugural Ball at the Storowton Carriage House on Saturday, January 15th. From left to right: Kathie Schaefer, Grace Benton, Paul Schaefer, Sue Longtin, Mary Gontczaruk, Angela Beaudry, Bill Beaudry, Joy Poggi, Frances Messina, John Bonavita, and Angela Bonavita. Advertiser News photo by Kathy Shepard.

Agawam Democratic Committee To Hold Caucus On Feb. 5th

The Agawam Democratic Committee will hold its caucus to elect delegates to the 2000 Massachusetts Democratic Convention to be held on Saturday, June 3, 2000 at the Tsongas Arena in Lowell.

The caucus will be held at the Community Room of the Agawam Police Department on Saturday, February 5th at 2:00 p.m.

Registration will close at 2:15 p.m. Those registered Democrats unable to attend may be considered by sending their request prior to the caucus to M. Vermes, 108 Hastings St., Feeding Hills, MA 01030.

Delegates will be divided equally between men and women.

LEGAL NOTICE

LEGAL NOTICE

PUBLIC HEARING AGAWAM CITY COUNCIL

The Agawam City Council will hold a public hearing on Tuesday, February 22, 2000 at 7:30 at the Agawam Middle School, 68 Main Street, Agawam, MA. The purpose of this hearing will be to hear the petition of the Agawam Planning Board for a proposed amendment to the Agawam Zoning Ordinance, Section 180-112, entitled "Special Permit for Parking or Loading Requirement Reduction." A copy of the proposed zoning amendment can be obtained from the Agawam Planning Office or the Agawam Town Clerk's Office between the hours of 8:30 A.M. and 4:40 P.M. in the Agawam City Hall, 36 Main Street, Agawam, MA.

Ursula Retzler
Clerk of the Council

Published: January 27, 2000

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Veterans' Corner... American Legion Post 185 To Host Veterans' Health Fair

by Ruth C. Bitzas
Veterans' Agent — 786-0400, Ext. 236/237

The Agawam American Legion (Post 185) will host a Veterans' Health Fair, sponsored by the Department of Veterans' Affairs Medical Center and Clinics (421 North Main Street, Leeds, Northampton).

The event is scheduled for February 3rd from 4:00 p.m. until 8:00 p.m. at the American Legion Post at 478 Springfield Street, Agawam.

The following information and screenings will be provided: health services monitoring; pulmonary screening; weight control; women's health programs; benefits of exercise; stress management; smoking cessation; Persian Gulf clinic; and social services.

All veterans who have served on active military duty are invited to this Health Fair.

Eligibility: to allow us to serve you, please bring a copy of your DD214 (verification of active military service), insurance information, dependents' Social Security numbers, and prior year financial information to register for services.

This week, we are continuing our list of Korean War veterans whose Home of Record is Agawam and who will be listed on our Agawam Honor Roll.

The following names are those which begin with the letter "C":

CADY, WENDELL E.
CALABRESE, JOSEPH C., JR.
CAPPONCELLI, DONALD C.
CARDINAL, GEORGE B., JR.
CAREY, LEO A.
CAROLEO, FRANK R.
CARR, ROBERT E.
CARROLL, GEORGE H.
CASCELLA, WILLIAM F.
CASSIDY, JAMES J.
CASTELLI, ROBERT C.
CAVANAUGH, CHARLES O., JR.
CAVANAUGH, LAWRENCE W.
CESAN, CALVIN H.
CESAN, JOHN S.
CHAISSON, RICHARD L.
CHAMBERS, CHESTER J., JR.
CHAMPIGNY, DANIEL A.
CHAPDELAIN, GERMAIN H.
CHASE, ARTHUR E.
CHECHILE, WILLIAM A., JR.
CHMAEL, STEPHEN
CHMIELEWSKI, MICHAEL F., JR.
CHMIELEWSKI, STANLEY J.
CLAMPIT, ROBERT E.
CLARK, ALAN D.
CLARKE, GORDON D.
CLAUS, CARL V.
CLOUTIER, PAUL J.
CLOUTIER, MARJORIE D.
COLLINS, CHARLES G.
COMFORT, DAVID A.
COOLEY, RAYMOND E.
COOPER, RICHARD G.
CORNELL, JOHN B.
CORRIVEAU, RONALD C.
COTE, WILLIAM E.
COTE, EMILE W.
CRAWFORD, WILLIAM D.
CRAWFORD, JAMES W.
CROSS, EVERARD E., JR.
CURRAN, JOHN J.
CURRAN, JOSEPH E.
CURTIS, WILLIAM B.
CUSSON, HARVEY E.
CUSSON, ROBERT W.
CUSSON, THEODORE J.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, FEBRUARY 10, 2000 at 6:35 P.M., for all parties interested in the petition of JOSEPH D. VALENTI, who is seeking a Variance from Section 180-27, of the Zoning Ordinances, which would allow for the construction of a single family dwelling with less than the required frontage at the premises identified as: 80 WARREN STREET.

Doreen Prouty,
Acting Chairperson

Published: January 27, 2000

* * *

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...

* * *

Apply Now For Next "Citizens Police Academy"

Town residents or business owners interested in attending the spring session of the Citizens Police Academy can pick-up an application at the Agawam Police Station at 681 Springfield Street.

The academy sessions will be held on 10 consecutive Tuesday nights from 7:00 p.m. until 10:00 p.m. at the Police Station, beginning March 7th and ending on May 9th. The class is limited to 15 participants. The application deadline is February 29th.

The Citizens Police Academy allows town residents and business owners a behind-the-scenes look at law enforcement issues in a 10-week session.

In addition to participating in classroom discussions, academy members will tour the Police Station and Western Massachusetts Criminal Justice Training Center on South Westfield St.

The classes will cover every aspect of police work from the dispatch desk to the investigative process used at crime scenes and will include topics like juvenile issues, use of force and officer safety, patrol procedures, gang-related issues, and crime prevention strategies.

LEGAL NOTICE

AGAWAM HOUSING AUTHORITY EXECUTIVE DIRECTOR WANTED

The Agawam Housing Authority is seeking an experienced housing professional for the position of Executive Director. The Executive Director is responsible for overseeing and implementing policies and procedures under the direction of the Authority's Board of Commissioners. Duties include management of 191 units of 667 elderly housing, 44 units of 200 Veterans' housing, and 7 units of 705 family housing; general administration of the Authority's fiscal responsibilities; supervision of personnel; supervision of maintenance of buildings; administration of all subsidy programs, compliance with all State regulations and laws, and other duties as assigned by the Board of Commissioners.

Applicants must have at least five years experience in public housing (or related field), with progressive responsible management, administrative, and supervisory duties of 10 or more employees. A bachelor's degree in public/business administration, social sciences, or related field is preferred.

However, experience in public or private housing management, public administration, including community affairs, may be substituted. Public Housing Manager Certification (PHM) or the ability to receive one within one year. Computer skills necessary, Corel WordPerfect a plus. Successful candidate must pass a physical which includes drug screening, and also subject to a CORI by the Criminal Records Agency.

Competitive salary subject to approval of DHCD and benefit package. Send cover letter and resume to:

Executive Director Search Committee
Agawam Housing Authority
66 Meadowbrook Manor
Agawam, MA 01001-3128

Application deadline is 4:00 p.m., Tuesday, February 15, 2000. Agawam Housing Authority is an Equal Opportunity Affirmative Action Employer. Preference will be afforded to residents of Agawam. Published: January 27, 2000

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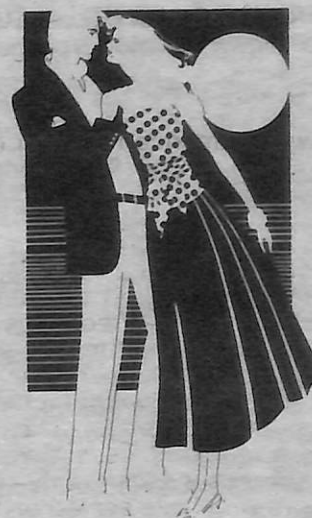


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Valentine's Day

Sunday, February 13th
5:00 P.M. To 9:00 P.M.Monday, February 14th
4:00 P.M. To 9:00 P.M.Dinner Choices Include:Complimentary
Wine With Dinner

- Roast Rack Of Lamb With Rosemary Plum Sauce
- Chateaubriand With Bernaise Sauce
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Buffet - \$10.95Starting Sunday, January 23rd
(11:00 A.M. To 3:00 P.M.)Featuring Scrambled Eggs, French Toast,
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Omelettes Made To Order, Ham & Turkey, Fresh
Fruit, Assorted Mini Pastries, And Bagels.(A Mimosa Or A Bloody Mary Is
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— Agawam Obituaries —

Ronald R. Zerra

Ronald R. Zerra, 66, of Boca Raton, Florida, and formerly of Agawam, died on Thursday, January 20th.

He is survived by his mother, Pauline of Agawam; his wife, Dolores of Boca Raton; two children, Randy R. of Boca Raton and Paula McCann of Deerfield Beach, Florida; a sister, Shirley Carestia of York, Maine; two grandchildren; and several aunts and one uncle.

Services were held in Boca Raton, Florida.

Memorial contributions may be made to the American Cancer Society.

Francis W. Krupczak

Francis W. "Frank" Krupczak, 81, of 1730 Main Street, Agawam, died Monday, January 24th, in a local nursing home.

Born in Windsor Locks, he lived in the Thompsonville section of Enfield before moving to Enfield in 1941.

He worked for United Aircraft Hamilton Standard for 44 years, and retired in 1980 as a set-up man and foreman. After his retirement, he worked for Riverside Park.

He was a member of the Hamilton Standard Retirees Club, the Polish Club in Feeding Hills, and a communicant of St. John the Evangelist Church.

He leaves his wife, the former Helen Straszko; two daughters, Joyce K. Yamer of Wilbraham and Janet Robinson-Amenta of Enfield; two brothers, Stanley Krupczak of West Springfield and Walter Krupczak of Windsor Locks; two sisters, Madeline Pacholski and Wanda Kozaczka, both of Enfield; seven grandchildren; and eight great-grandchildren.

The funeral will be held on Friday morning, January 28th, at 9:00 a.m. from the Agawam Funeral Home, 184 Main Street, with a Mass in St. John the Evangelist Church at 10:00 a.m. Burial will be in St. Adalbert's Cemetery, Enfield.

John J. Arnold

John J. Arnold, 79, of 775 Springfield Street, Agawam, died recently at Baystate Medical Center in Springfield.

He was co-owner with his father of H.G. Dairy for many years. He retired in 1968.

Born and educated in Feeding Hills, he was a lifelong resident of the Agawam/Feeding Hills area.

He was a communicant of Sacred Heart Church.

He was a private first class in the Army Troop A 125th Cavalry Reconnaissance Squadron during World War II, and was a former member of American Legion Post 185.

He received the European African Middle Eastern Theater Ribbon and the American Theater Campaign Ribbon.

He leaves his wife, the former Maureen L. Bowler; two daughters, Judith A. Jarvis of

Agawam and Patricia J. Camyre of West Springfield; a brother, Raymond G. Arnold of Agawam; two sisters, Margaret E. Arnold and Eunice M. Andros, both of Feeding Hills; and seven grandchildren.

A daughter, Linda E. Coffey, died in 1988.

The funeral was held at the church, with burial in Springfield Street Cemetery. St. Pierre Springfield Funeral Chapels was in charge of the arrangements.

Memorial contributions may be made to the American Diabetes Association, Massachusetts Affiliate, P.O. Box 31160, Hartford, CT 06150-1160.

Beatrice Hoar

Beatrice (Rossi) Hoar, 80, of Agawam, died recently at Baystate Medical Center in Springfield.

She owned the kitchen at the former Log Cabin in Springfield and previously worked at Perkins Machine and Gear, Hatheway and Stean Tobacco Co., the Lillian Florist Shop, and was a waitress at the former Betty's in the Patch.

Born in Springfield, she was a graduate of Agawam High School.

She was a former member of the Women's Auxiliary of the American Legion in Agawam.

Her husband, Edward F. Hoar, died in 1965.

She leaves a son, Edward F. Rossi of West Springfield; three daughters, Frances Wright of Feeding Hills, Patricia Lappie Dudley of West Springfield, and Kimberly LaValley of Agawam; three sisters, Ecla Sheehan of West Hartford, CT, Rose Woodruff of Feeding Hills, and Lillian Zajac of Springfield; 12 grandchildren; two step grandchildren; eight great-grandchildren; and two step great-grandchildren.

The funeral was held at Toomey-O'Brien Funeral Home and in St. Anthony of Padua Church, with burial in St. Thomas Cemetery.

Memorial contributions may be made to the American Cancer Society, 31 Capital Drive, West Springfield, MA 01089.

Marie A. Goodman

Marie Ann (Falcone) Goodman, of Agawam, died recently at Baystate Medical Center in Springfield.

She was a job specialist for the state Division of Employment and Training for 20 years.

Born in Springfield, she was a long-time resident of the Agawam area.

She was predeceased by her husband, William K. Goodman.

She leaves a daughter, Diane Goodman, her mother, Helen Falcone, and a sister, Connie Corcoran, all of Agawam.

The funeral was held at Forastiere-Smith Funeral Home of East Longmeadow and St. John the Evangelist Church, with burial in Center Cemetery, both in Agawam.

Memorial contributions may be made to the American Cancer Society, 31 Capital Drive, West Springfield, MA 01089.

Sandra L. Sabadosa

Sandra Lee Sabadosa, 57, of 63 Orlando Street, Feeding Hills, died recently at Baystate Medical Center in Springfield.

Born in Springfield, she was a long-time resident of the Agawam/Feeding Hills area.

She was a communicant, eucharistic minister, and catechism teacher at Sacred Heart Church.

She was predeceased by her husband, Ralph J. Sabadosa.

She leaves a son, Russell J. of East Longmeadow; two daughters, Judith L. Niziolek and Lisa Hagopian, both of Feeding Hills; two brothers, John E. Potter of Feeding Hills and Eugene Potter of Indian Orchard; a sister, Patricia Metcalf of Deerfield Beach, Florida; and five grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home and the church, with burial in New Cemetery, Southwick, in the spring.

Memorial contributions may be made to the American Heart Association, 1111 Elm Street, Suite 9A, West Springfield, MA 01089.

Robert F. Roy

Robert F. Roy, 79, of 12 River Street, Agawam, died recently at a local nursing home.

He was a custodian at Agawam High School for several years and retired in 1985.

SEE OBITUARIES - Page 9...

**Happy 16th,
Lucy!
We Luv Ya...**



Mum, Dad, & Sam

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Regular Council Meeting Agenda

Monday, February 7th — 7:30 P.M.
Agawam Middle School, 68 Main Street

1. Citizen's Speak Time.
2. Roll Call.
3. Moment of Silence and the Pledge of Allegiance.
4. Minutes - Regular Council Meeting of 1/18/2000.
5. Declaration from Council President.
6. **Presentation of Petitions, Memorials & Remonstrances**
 - (a) **Resolutions**
 1. TR-2000-1-A Resolution protecting the high cost of prescription drugs in our country (Coun. Bitzas).
 2. TR-2000-3-A Resolution for the Appointment of a Department of Public Works Facility Assessment Committee (Sponsored by Mayor Richard A. Cohen and Council Pres. Robert A. Magovern).
 3. TR-2000-4-A Resolution Establishing a No Parking Zone on Elm Street (Mayor).
7. **Report of Council Committees**
 - None.
8. **Elections**
 - None.
9. **Public Hearings**
 - (a)
 1. PH-2000-1-(TO-2000-1)-Application Class II Dealer License, Auto's by Joseph, 1514 Main St., Agawam, MA (Conduct Public Hearing).
10. **Old Business**
 - (a)
 1. TOR-99-10-An Ordinance to Amend the Fees for the Summer Camp Program (Mayor)(2nd Reading).
 2. TOR-2000-2-An Ordinance to Amend Ch. 49, Entitled Personnel, of the Code of the Town of Agawam (Mayor)(1st Reading).
 3. TO-2000-2-Voucher List (\$363.68).
 4. TO-2000-3-Application for License for four (4) automatic amusement devices for BUC INC. dba Buccaneer Lounge, 84-86 Maple St., Agawam, MA (Ref. to Lic. Comm. On 1/18/2000).
 5. TO-2000-4-Application for License for One (1) automatic amusement device for Gravanis Enterprises, Inc. dba Checkard Sports Pub, 1340 Spfld. St., FH, MA (Ref. to Lic. Comm. on 1/18/2000).
 6. TO-2000-5-Application for License for twenty-two (22) automatic amusement devices for Games & Lanes, 350 Walnut St. Ext., Agawam, MA (Ref. to Lic. Comm. on 1/18/2000).
 7. TO-2000-6-Application for License for three (3) automatic amusement devices for Goodfellow Grill & Brew, 360 No. Westfield St., FH, MA (Ref. to Lic. Comm. on 1/18/2000).
 8. TO-2000-7-Application for License for three (3) automatic amusement devices for Jessica's, 11 So. End Bridge Circle, Agawam, MA (Ref. to Lic. Comm. on 1/18/2000).
 9. TO-2000-8-Application for License for two (2) automatic amusement devices for Polish American Club, 139 Southwick St., FH, MA (Ref. to Lic. Comm. on 1/18/2000).
 10. TO-2000-9-Application for License for two (2) automatic amusement devices for Spfld. Turnverein, 176 Garden St., Agawam, MA (Ref. to Lic. Comm. on 1/18/2000).
 11. TO-2000-10-Application for License for four (4) automatic amusement devices for T.J. Sport House, 1664 Main St., Agawam, MA (Ref. to Lic. Comm. on 1/18/2000).
 12. TO-2000-11-Application for License for two (2) automatic amusement devices for V.F.W. Post 1632 - Orville S. Burt, 194 South St., Agawam, MA (Ref. to Lic. Comm. on 1/18/2000).
 13. TO-2000-12-Application for License for four (4) automatic amusement devices for W. Spfld. Fish & Game Club, 329 Garden St., - P.O. Box 25, FH, MA (Ref. to Lic. Comm. on 1/18/2000).
 14. TO-2000-13-Transfer \$15,100.00 from Line Item - Reserve Fund (16605-57300) to Law Department-Salaries (11511-51010)(Mayor).
 15. TO-2000-14-Transfer \$25,000.00 from Line Item - Reserve Fund (16605-57300) to Fire Department-Overtime (12201-51030)(Mayor).

Agawam Democrats Slate Presidential Primary Discussion

The Agawam Democratic Town Committee will sponsor a presidential primary discussion on Wednesday, February 2nd at 7:00 p.m. to be held at the Faolin Peirce Community Room of the Agawam Police Station.

Featured speakers will include Senator Linda Melconian, who will entertain questions from the audience on the important issues of the upcoming legislative year.

Also in attendance will be representatives from the Al Gore and Bill Bradley campaign committees.

The public is invited to attend. For more information, call committee chairperson Gina Letellier at 739-2112.

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, FEBRUARY 3, 2000 at 6:45 P.M., for all parties interested in the petition of FONTAINE PROPERTIES, who is seeking a Special Permit in accordance with Section 180-88, of the Zoning Ordinances, which would allow for the maintenance of a sign at the premises identified as: RIVER ROAD.

Doreen Prouty,
Acting Chairperson

Published: January 27, 2000

Agawam Republican Town Committee To Meet Sat., Feb. 5th

The Agawam Republican Town Committee will hold a meeting on Saturday morning, February 5th, at 8:30 a.m. in the Community Room at the Agawam Police Station.

The agenda will include the regular monthly business meeting and an open discussion regarding the upcoming Massachusetts Presidential Primary on March 7th.

Other business will include the participation in the Agawam Memorial Day parade; a spring/summer fundraising event; and to set a date for the Republican Town Committee members to tour the newly-constructed Berkshire Power plant.

Ron LaRiviere, committee chairman, invites anyone interested in becoming an active member of the Republican Town Committee to attend this meeting.

OBITUARIES - from Page 8...

A lifelong resident of Agawam, he was a communicant of St. Theresa's Church.

He leaves a grandson, Christopher M. Juzba of Agawam; a granddaughter, Jill M. Juzba of Feeding Hills; and a sister, Adrienne A. Daly of Agawam.

His daughter, Judith A. Juzba, died in 1978.

The funeral and burial were private, and Agawam Funeral Home was in charge of the arrangements.

Check our classified ads...

Phone Numbers Of Elected Officials

2000 Town Council Members

Robert A. Magovern, President
144 Birch Hill Road
Agawam
789-0171

Robert M. Young, Vice-President
216 South Westfield Street
Feeding Hills
786-8995

George Bitzas
33 Fernwood Drive
Agawam
789-1464

Anthony C. Bonavita
683 Cooper Street
Agawam
786-2079

Gina M. Letellier
150 Maple Street
Agawam
786-4723

Joseph Mineo
30 Kathy Terrace
Feeding Hills
789-4356

Richard C. Morassi
206 Maynard Street
Feeding Hills
786-0207

Dennis J. Perry
165 Cambridge Street
Feeding Hills
786-1238

Robert E. Rossi
44 Colemore Street
Feeding Hills
786-3896

Kent P. Servis
48 Kathy Terrace
Feeding Hills
789-1343

Jill P. Simpson
24 Pleasant Valley Road
Feeding Hills
786-0053

2000 School Committee Members

Richard A. Cohen, Mayor/Chairperson
36 Main Street
Agawam
786-0400, Ext. 200

Rosemary Sandlin, Vice-Chair
90 Granger Drive
Feeding Hills
786-3256

Linda M. Galarneau, Secretary
24 Sycamore Terrace
Agawam
789-0245

Susan R. Dawson
21 Alexander Drive
Agawam
789-3400

Roberta G. Doering
915 River Road
Agawam
786-2323

Teresa M. Kozloski
102 Meadow Street
Agawam
786-6934

Susan A. Pettazoni
116 Granger Drive
Feeding Hills
786-9699

— ADVERTISER NEWS —

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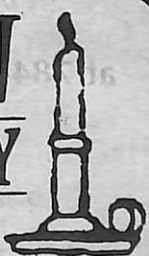
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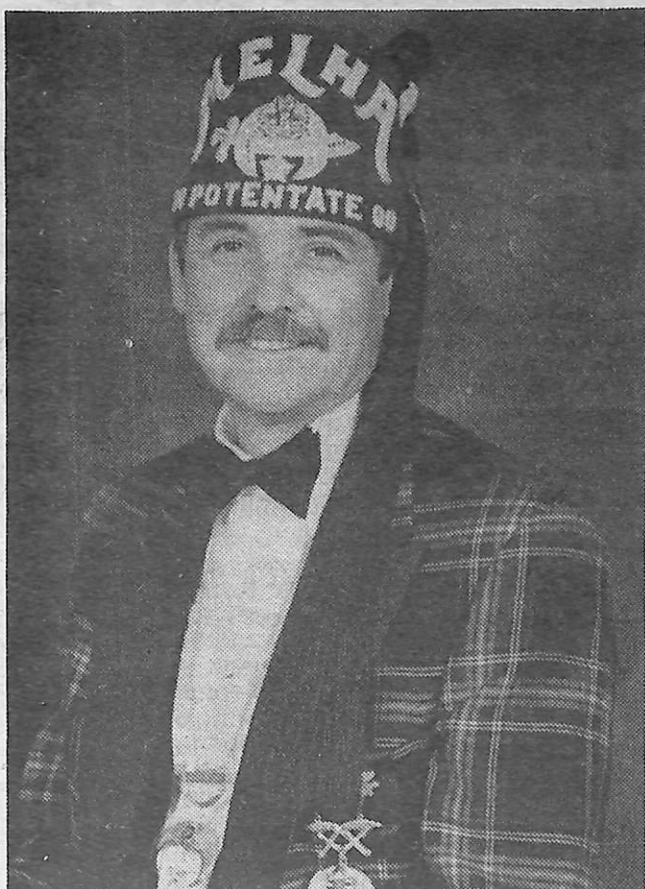
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Families



DAVID J. GATES

David J. Gates Elected Potentate Of Melha Shriners

On January 21st, the Melha Shriners elected David J. Gates of West Springfield the new Potentate, or Chief Executive Officer.

Gates was born in El Dorado, Arkansas in 1950. He has been employed by Northeast Utilities since 1978, where he worked in the Overhead Dept., and for the past 16 years as Lineman. He has been married to Pamela Jean Orne since May 18, 1974.

Gates has been a member of Boy Scout Troop 82 Agawam, Order of the Arrow (Boy Scouts), Agawam High School football, basketball, and track teams. He is a member of the Agawam Congregational Church, where his activities have included Youth Advisor, Youth Committee, and Deacon. He is also a member of IBW No. 455 Labor Union.

He joined Mt. Orthodox Lodge of Masons in West Springfield in 1975, is a member of Golden Chapter No. 5 of the Order of Eastern Star; member of the Executive Board of Rainbow No. 79; all Scottish and York Rite bodies; Melha Shriners since 1976; joined the Highlanders in 1977, and was the Unit's Chief in 1984. He is a Charter Member of the 21-45 Club and was its President in 1986.

Gates was a Melha Aide (1982-1994) and Melha Potentate's Piper (1986-1994). He was appointed Captain of the Guard by Potentate Arthur Hastings in 1994; later appointed Imperial Outer Guard in 1997 and 1998; Imperial Inner Guard in 1999, and Imperial Outer Guard Grip in 2000.

He and his wife have two children, Sarah and Stephanie, and reside in West Springfield.

To Benefit The Jimmy Fund...

"Great Chefs' Tropical Cruise" Slated For Friday, January 28th

The Great Chefs' Tropical Cruise, the annual winter fundraising event of the Jimmy Fund in the Pioneer Valley, presents its fine dining benefit Friday, January 28th from 7:00-10:00 p.m. at the Easter States Exposition's Stroh Building in West Springfield.

Local participating restaurants will include Alvin's Sandwich Shop, Chez Josef, Giovanni's Italian Pastry & Coffee Shop, Inc., Olive Oil's Restaurant, and Partners Restaurant.

Guests enjoy unlimited sampling of delicious foods from nearly 40 of the region's top chefs from the area's finest restaurants in a "Tropical Cruise" setting while helping raise important dollars for the world-renowned Dana-Farber Cancer Institute.

Activities planned for the evening include dining and music provided by Island Breeze, a steel drum band from the University of Hartford, and D.J. Ross MacDonald of Blue Moon Productions. A "Message in a Bottle" raffle and a silent auction round out the excitement.

Join us January 28th at this terrific event. Admission is a \$60 donation to the Jimmy Fund at the door for adults.

For more information on the Great Chefs Tropical Cruise, call Anne Marie Rizzo at the Jimmy Fund's Western Mass./Connecticut office at 413-567-0651.

Heritage Hall Seeks One-On-One Volunteers

Heritage Hall Centers, 61 Cooper Street, Agawam is seeking interested people ages 14 and older to volunteer as one-on-one companions for our visiting program.

Whatever your hobby or schedule, there is a volunteer job that is right for you. Volunteers read to residents, take them for walks, play cards, provide nail care, make crafts, and garden with their companion, just to name a few.

If you have as little as an hour a week to share with someone, and you enjoy meeting people, this volunteer opportunity is for you.

For more information, please contact Kimberly George, Director of Volunteer Services, at 413/786-8000, ext. 217.

— ADVERTISER NEWS —

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At Spfld. Turnverein...

Valentine's Spaghetti & Meatball Dinner/ Dance By Troop 78

On Friday, February 11th, the Venture Crew from Boy Scout Troop 78 will hold a Valentine's Day Spaghetti and Meatball Dinner and Dance Fundraiser at their chartering organization, the Springfield Turnverein, on Garden Street.

The dinner will be served in the main hall from 6:00-7:30 p.m. with dancing from 7:30 p.m. until midnight. Music will be provided by a DJ with tunes ranging from the 50's to the 90's.

In the more intimate Astaldi Hall, there will be live acoustic music by members of Cabin Fever for those who just want to sit back, relax, socialize, and listen to folk, traditional, and soft rock songs from the 60's through the 80's.

The cost of this event is \$6 in advance, \$7 at the door, and \$5 after 7:30 the night of the dance. This event is open to friends and family of Boy Scout Troop 78 and members of the Springfield Turnverein.

The Venture Crew is a group of about 10 boys who are raising funds for a week-long trip of backpacking and rock-climbing this summer at Mead High Adventure Base in New Hampshire.

For further information and tickets, contact Bill at 821-9871, Tony at 786-5171, or Tom at 575-5732.

Sponsored By Operation Friendship...

Roast Beef Dinner Slated At Feeding Hills Congregational

Operation Friendship of America, a non-profit youth cultural exchange program sponsored by the Feeding Hills Congregational Church, is having a Roast Beef Dinner on Saturday, February 12th.

Dinner will consist of roast beef and gravy, mashed potatoes, tossed salad, vegetables, bread and butter, dessert, and beverage.

Servings will be held continuously from 5:00 p.m. to 6:30 p.m. The cost is \$7.50 for adults, \$4 for children under 12, and free for children under five years of age.

Reservations are appreciated; call 786-8743 or 786-9780. Walk-ins are welcome.

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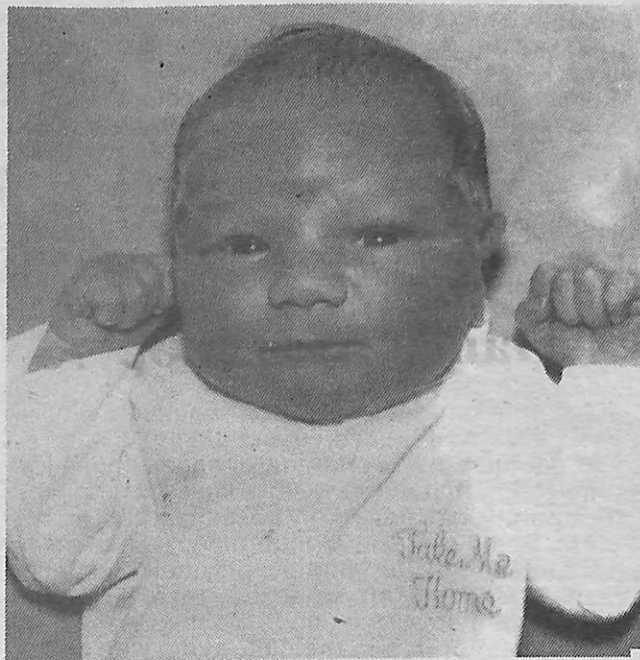
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NATHAN DUSZA

The Dusza Family Welcomes Baby Boy, Nathan

On January 5, 2000, Alex Dusza welcomed his newborn baby brother, Nathan, along with their proud parents, Scott & Amy Dusza.

The Duszas reside in Feeding Hills. Nathan weighed nine pounds, 12 ounces, and was 20" long at birth.

Native American Prog. At Storowton Meeting House

Eastern States Exposition's Storowton Village Museum's historic Union Meeting House will be the site of a fascinating first-person presentation titled "A Visit With a Native American from New England's Early History" on Friday, Feb. 4th at 7:30 p.m.

Gerry Cook (Canadian Iroquois ancestry) and Mary Ann Reed-Cook (Eastern Cherokee ancestry) of Shirley, Mass. will speak on Eastern Woodland Culture in the 18th century, focusing on the lifestyles of men and women during the Colonial wars. All aspects of village life will be discussed and a variety of clothing, tools, and weapons will be displayed.

Cook has been lecturing on Eastern Woodland Culture since 1986 and Reed-Cook has been accompanying him on lectures since 1991. Together they try to educate the public on how native people lived 200 years ago as well as how they live today.

Prepare to travel back in time as you witness this historical program. Admission is \$3 and reservations are requested. Tickets will also be available at the door.

For more information, call the Village at 413-787-0136.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays.

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On Sunday, February 20th...

Spfld. Turnverein To Present Musical Film For The Family

On Sunday, February 20th, at 2:30 p.m., the Springfield Turnverein Cultural Committee will present the film, "Dei Strasse der Leider" (The Road of Songs), a musical journey from Lake Constance to Basil.

The public is invited to enjoy this wonderful musical film featuring the Fischer Chorus as they sing their way through this beautiful part of the world stopping at many popular sites.

Refreshments will follow. There is no admission charge.

For more information, call the Springfield Turnverein, 786-0924.

At Polish-American Club...

Operation Friendship To Sponsor 13th Annual Oldies Dance

Operation Friendship of America, a non-profit youth cultural exchange program sponsored by the Feeding Hills Congregational Church, is holding its 13th Annual Oldies Dance on Saturday, February 5th.

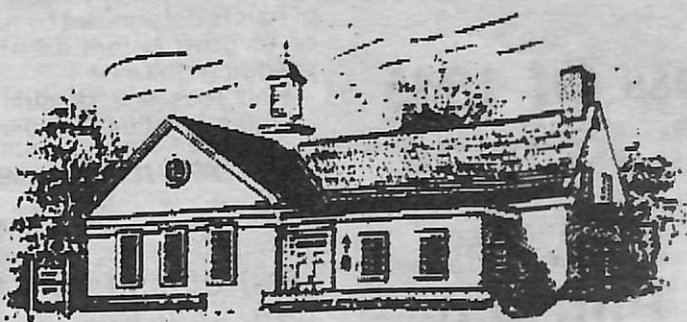
The dance will be held at the Polish-American Club on Southwick Street, Feeding Hills, from 8:00 p.m. until 12:00 midnight.

Music will be provided by D.J. "Dancing Dave," and there will be door prizes.

Advance tickets are \$7, and tickets purchased at the door are \$8. For advance tickets, call 786-3785.

— For photo coverage in The AAN, call 786-7747 or 786-8137 —

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Agawam "Senior Games" Activities

ASGA To Sponsor Valentine's Day Trip To Mohegan Sun...

The Agawam Senior Games Athletes (ASGA) will sponsor a trip to Mohegan Sun on Valentine's Day, February 14th. The price will be \$16 and will include gratuities.

Mohegan Sun will offer a \$10 meal ticket, or a \$10 free play on the Big Wheel.

We are looking forward to a full bus and a special day of fun with our friends. To obtain a ticket, please call Edie Chiba, 786-5539; Vi Presz, 786-3164; or obtain a ticket at the Agawam Senior Center.

We will leave the Senior Center at 8:00 a.m. and arrive at Mohegan Sun at approximately 9:30 a.m. We will leave Mohegan Sun at 4:00 p.m. sharp, arriving home at approximately 5:30 p.m.

All tickets must be paid for a week in advance, or the organization reserves the right to re-sell the ticket.

AHS's Class Of 1945 Slates 55th Reunion

The Agawam High School class of 1945 is planning a 55th year reunion for June 10, 2000.

The committee is looking for the following class members: Beverly Longey Fowler, Elizabeth Magiera Carlson, June Schwartz Kennedy, and David (Cornfort) Comfort.

Anyone who might know how to get in touch with any of these classmates is asked to call any member of the reunion committee — Eleanore Richards, Edward Gallerani, Rita Moore, Jean Brusseau, Shirley Harrison, or Florida Tangocci. Moore can be reached at 786-9094.



"Beauty Corner"
by Mary Ann Zicoella

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At Twin Silos
1407 Suffield Street
Agawam, MA 01001
(413) 786-8274

Got A Hair, Nail, Or Beauty Problem? Send Us A Note, And We Will Answer It In Our Column...

I will continue my report on **Hereditary thinning, hair loss, and balding**. This week I will explain a little more on the background of your hair.

In androgenetic alopecia, a combination of heredity, hormones, and age can cause progressive shrinking of certain hair follicles. This causes a shortening of the growth phase. Over time the growth phase becomes shorter and the resting phase lengthens. Eventually there is no growth at all. Heredity determines the number of follicles that become shrunken.

There are two types of hair, **terminal hair** growing up to three-feet long and **villus hair** growing up to one-millimeter long. The length and thickness of hair is determined by how long the hair is allowed to grow before entering into the resting and shedding phase.

Hair loss is a gradual conversion of terminal follicles to villus-like hair follicles, thus resulting

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- Every Monday and Thursday, bring in a roll to be developed and receive a **second set of prints** or a roll of film for \$1.00 (1-hour service, color only!).
- Tuesday brings **buy one, get one free** on color enlargements from same 35mm negative (5x7, 8x10, 8x12, 11x14/glossy only).
- Wednesday — you **buy one, get one free** on 3x5 or 4x6 reprints from the same 35mm or 110mm negative (color, glossy paper only!).
- Friday — bring in a roll of film to be processed (color 35mm, 110mm) and receive **\$1 off 12 exp., \$2 off 24 exp., \$3 off 36 exp.** (not to be combined with any offers or coupons / 1-hr. service only).

Offer Ends March 19th!



371 Walnut Street Extension
Agawam, MA





CINDY SANFORD TAYLOR (left), outgoing President of the Agawam Junior Women's Club, hands the gavel to the new President, Ann Woodard, at the annual banquet. Advertiser News photo by Kathy Shepard.

Agawam Junior Women's Club Installs Officers At Banquet

On January 7th, the Agawam Junior Women's Club installed its newly-elected board members at its annual banquet, which was held at Alexander's Restaurant in Agawam.

Members of the governing body for the coming year are Ann Woodard, President; Stephanie Bertagnolli, First Vice-President; Theresa Conklin, Second Vice-President (Membership); Eva Jack, Treasurer; Donna Shibley, Recording Secretary; and Betty Vershon, Corresponding Secretary.

Directors are Terri Luvera, Mary O'Connell, and Laura Paul, Ways & Means; Pat Belisle, Newsletter; Laura Lapierre, Publicity; and Wilma Gillan, Hospitality.

Some of the past activities have included the Spelling Bee, Arts & Craft Fair, Safety Bug Program, Breakfast With Santa, and the Holiday Basket Program.

For more information, call Theresa Conklin at 786-6515. The Club meets on the third Tuesday of every month at the Leonard House.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs, Junior Membership.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you...



AT THE AGAWAM JUNIOR WOMEN'S CLUB'S ANNUAL BANQUET: in top photo — Betty Vershon, Corresponding Secretary; Donna Shibley, Recording Secretary; Stephanie Bertagnolli, First Vice-President; Ann Woodard, President; Theresa Conklin, Second Vice-President; and Eva Jack, Treasurer; in photo below — Laura Paul, Terri Luvera, and Mary O'Connell, Ways & Means; Pat Belisle, Newsletter; and Laura Lapierre, Publicity. Advertiser News photos by Kathy Shepard.



LEGAL NOTICE

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, FEBRUARY 10, 2000 at 6:30 P.M., for all parties interested in the petition of JOSEPH D. VALENTI, who is seeking a Special Permit in accordance with Section 180-71.

Best local news...

TOWN OF AGAWAM BOARD OF APPEALS

LEGAL NOTICE

Paragraphs A-H of the Zoning Ordinances, which would allow for the construction of a single family dwelling found to lie within the floodplain at the premises identified as: 80 WARREN STREET.

Doreen Prouty,
Acting Chairperson

Published: January 27, 2000

ALAN L. FERRIGNO

Attorney at Law
546 Springfield Street
Feeding Hills, MA 01030
(413) 786-9454

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Store Hours Mon-Fri 10 am till 5 pm
Schools, scouts and others are welcome to schedule a tour during the week. Please call.

699 Silver St., Agawam (789-1300)

Rt 57 to Garden Street exit; Take GARDEN ST till it ends and TURN right onto Silver St.

Bring this ad and you will receive 10% off your entire purchase. Good till March 1, 2000.

Agawam Golden Age Club's (Chapter 2) Calendar For February

Wednesday, Feb. 2nd: Regular meeting, 1:30 p.m., Senior Center. Guest speaker Robert C. McKeon will talk about the new state cemetery in Agawam.

Monday, Feb. 7th: Bus trip to Mohegan Sun.

Monday, Feb. 14th: Bus trip to Maneeley's Valentine's Day Serenade.

Wednesday, Feb. 16th: Regular meeting, 1:30 p.m., Senior Center. Entertainment by the Good Tyme Singers.

Friday, Feb. 25th: Board of Directors' meeting, 1:00 p.m., Senior Center.

Year 2000 dues are now payable. Please make remittance to Harry Durant, 66 South Westfield St., Feeding Hills, MA 01030.

Senior citizens living in Agawam are invited to join Agawam Golden Age Club, Chapter 2.

Ag. Senior Center's Weekly Lunch Menu

Monday, January 31st: Hamburg stew, tossed salad, biscuit, orange.

Tuesday, February 1st: Pork cutlet with gravy and mashed potatoes, rye bread, birthday cake.

Wednesday, February 2nd: Chicken paprika pie, tossed salad, breadsticks, chocolate pudding.

Thursday, February 3rd: Tortellini soup, meatball grinder, broccoli salad, applesauce.

Friday, February 4th: Baked fish, potato puff, spinach, whole wheat bread, pineapple.

Remember - classified ads cost just \$10 per week for 30 words or less; however, we DO NOT take classified ads over the telephone. Classifieds (accompanied by payment) must be brought to our office at 14 Southwick St., Feeding Hills, or mailed to P.O. Box 263, F. Hills, MA 01030...



THE SOUNDS OF MUSIC SINGERS, featuring Ritchie and Kathy Mitnick, are looking forward to their upcoming performance at the Springfield Turnverein, 176 Garden Street, Feeding Hills.

On Friday Evening, February 25th...

Sounds Of Music Singers To Perform At The Springfield Turnverein

Ritchie and Kathy Mitnick will present the Sounds of Music Singers at the Springfield Turnverein, 176 Garden Street in Feeding Hills, on Friday evening, February 25th, at 7:30 p.m. Pre-concert dining will be available from 5:30 until 7:00 p.m.

Ritchie Mitnick has been performing throughout the area since moving here from New York City in 1979. He is known for his warm, rich stylings of the great standards as well as the beautiful show tunes that he loves so much. Kathy Mitnick is a well-respected musician and has performed at restaurants and country clubs throughout Western Massachusetts.

The Sounds of Music singing group consists of Anne Provencher, Ethel Lee, Jessie Rivers, Vivian Ziemian, Tony Hartman, Joyce Platt, Frank Newton, John Moriarty, and the M/C for the evening, Rollie Jacobs.

Audiences have enjoyed the summer performances of the group at the "Taste of Westfield" and in the Agawam Summer Concert Series as well as at a series of concerts over the Christmas holidays.

In keeping with the new millennium celebrations, the musical selections for the Feb. 25th concert will feature the standard favorites of the century and the various show tunes for which Ritchie is well-known.

Before the show, the Turnverein will offer a choice of several dinner selections prepared by the excellent catering staff. For a most enjoyable evening, join us for dinner and a concert. Reasonable menu prices are offered for dinner.

Call 786-0924 for table reservations. The admission for the concert is \$5 and tickets can be bought in advance or at the door at the Springfield Turnverein, 786-0924.

PARTHENON Pizzeria Restaurant

835 Suffield St. (Rte. 75), Agawam

It's Our 16-Year Anniversary
ry This Everyday Special In Feb

**Buy 1 Dinner,
Get 2nd Dinner At
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Must Present Coupon
(Expires February 29, 2000)
* Higher Price Dinner Prevails.

**Remember Valentine's Day —
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\$15.99 Must Present Coupon
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Buy 2 Grinders, Get 1 FREE
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Full Menu Available To Please Everyone's Taste!

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Local Volunteers To Help Produce Spfld. Camping Show

Many residents from the local area have volunteered their time and services to help produce the 2000 Springfield Camping & Outdoor show.

Area volunteers include Mike & Carol DiMauro of Feeding Hills, chairpersons, and Brian Gross, Teen Co-Chairman, also of Feeding Hills.

The show, which is held in the Better Living Center, Young Building and Mallory Building located on the Eastern States Exposition grounds in West Springfield, is entering its 38th year, and features over 200 exhibitors from New England and beyond.

With over 25 RV dealers, the show provides a great opportunity for families to check out the latest RVs from among the hundreds on display. In addition, with 100-plus campgrounds, the show provides a great opportunity to plan a family camping vacation or a weekend safari with friends.

The volunteers, who are all members of Pioneer Valley Chapter 8 (PV 8) of the North American Family Campers Association (NAFCA) spend all year planning and preparing for this annual event, one of the largest and longest running shows of its type in the Northeast.

Volunteers may work on publicity, entertainment, printing, hospitality, building and grounds, or coordinate more volunteers. They also line up exhibitors, obtain prizes for the prize drawings or lend a hand with the many other details associated with such a event. Even the teenaged members of PV 8 are involved with the show, staffing their own booth where they make and sell various crafts and handmade items.

The dates and times for the show are as follows: **Friday, Feb. 18th, 4:00-9:00 p.m.**; **Saturday, Feb. 19th, 10:00 a.m.-9:00 p.m.**; **Sunday, Feb. 20th, 10:00 a.m.-7:00 p.m.**; **Monday, Feb. 21st, 10:00 a.m.-5:00 p.m.**

Additional attractions this year will include entertainment provided by the world famous Shriners Clowns, the Crescents (one show only, Sunday afternoon) magic shows, animal shows, a puppet show, and others. A drawing will take place at 4:00 p.m. on Monday, Feb. 21st for major prizes, including two cash prizes of \$2,000, a pair of mountain bikes with racks and helmets, and a weekend getaway. Several children's prizes will also be given away.

General admission is only \$5 with a discount coupon (\$7 without a coupon). Senior citizens and disabled American veterans pay only \$3 on any day. Children 12 and under are **FREE** when accompanied by an adult. Also, there is **FREE PARKING** for over 9,000 cars.

Additional information can be obtained from our Web Site: www.the-spa.com/campshow.spfld or by contacting Paul & Judy Trudell, Publicity Committee, (413) 534-3911 or Mike & Carol DiMauro, Chairpersons, (413) 781-CAMP.

Happy Fortieth Chris and Helene



Love,

Rene, Gilberthe, Ray,
Ralph, Scott, Tammi,
Denise and Tanya

February Events Announced By The Agawam Golden Age Club (Chap. 1)

Friday, Feb. 4th: Board of Directors' meeting, Senior Center, 1:00 p.m.

Wednesday, Feb. 9th: Meeting at 1:30 p.m. Entertainment provided by Charlene Mathews as soloist.

Tuesday, Feb. 15th: Trip to Hartford's Chowder Pot Restaurant & special Valentine Musical Show ("S' Wonderful").

Wednesday, Feb. 23rd: Meeting at 1:30 p.m. Realtor Karen Charbonneau speaking on "Golden Agers Selling Their Home."

Monday, Feb. 28th: A trip of wishful

dreams of winning to Mohegan Sun.

For more information on the above mentioned trips, call Ed Organek, trip organizer, at 786-2453.

Reminder to renew your dues for this millennium year 2000. Membership is open to all Agawam seniors wishing to join.

Call Helen Rogers, membership chairperson, at 786-3756. She also has the special "Bargain Books" for sale.

The Western Massachusetts Epilepsy Awareness Committee

Proudly Presents Our 6th Annual Dinner Dance

Chez Josef
Shoemaker Lane, Agawam
Saturday, February 26th
6 P.M. - 1 A.M.

This year's "Inspiration for a Cure Award" recipient is

Bill Murphy, Executive Director,
of The Epilepsy Foundation of
Massachusetts & Rhode Island

Proceeds from this event will benefit
The Epilepsy Foundation of Massachusetts & Rhode Island
Help us to help others understand!

Tickets are available by calling:

Vincent & Carol Pietroniro 786-9452
Wayne & Sue Hearn 789-1529
Rick & Kim Martel 786-1169
Sean & Sharon Collins 789-0058
Donna Kerley 592-5305

DJ
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Tickets: \$30 per person

Church News

News And Notes From F.H. Congregational

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills. Our Sunday morning service of worship begins at 10:00 a.m.

Rev. Donaldson's sermon is entitled "What Matters Most?" The Bible reading is Mark 1:21-28.

Ushers will be Ben and Sharon Rozanski. Samantha Justilian and Chris Kretschmar will be our Acolytes.

Children, who are invited to attend worship with adults, will leave for Sunday School at a designated time. Nursery care will be provided for the very young.

Preceding the Annual Meeting scheduled for Sunday, February 6th, we will have a covered dish luncheon. Members are asked to bring a hot or cold dish; dessert and beverage will be furnished.

There is a sign-up sheet for the luncheon posted in Griswold Hall.

Thank you to everyone who submitted reports for the Annual Meeting. This year, there were no late reports!

Confirmation Class will meet here on Wednesday, February 2nd, at 6:30 p.m.

Beginning next September, our church will be the home of Smart Start Preschool! Registration will take place on Saturday, January 29th, from 9:00 a.m. until 12:00 noon.

Those interested are welcome to stop by for a tour of the facilities or to ask any questions they may have.

There will be no meeting of the Council in February.

On the calendar:

Friday, January 28th: 6:00 to 10:00 p.m., Creative Memories.

Saturday, January 29th: 9:00 a.m. to 12:00 noon, Preschool Open House and Registration.

Sunday, January 30th: 10:00 a.m., Worship; 12:00 noon to 8:00 p.m., Church of Redemption.

Monday, January 31st: 4:00 p.m., Daisy Scouts; 6:30 p.m., Cub Scouts.

Tuesday, February 1st: 7:00 p.m., A.A.

Wednesday, February 2nd: 2:45 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 6:30 p.m., Confirmation; 7:00 p.m., Choir.

Thursday, February 3rd: 7:00 p.m., A.A.; 7:00 p.m., Church of Redemption Bible Study.

Valley Community Church Holds Mortgage-Burning

Valley Community Church passed another milestone in its colorful history when it held a mortgage-burning ceremony last Friday.

Braving the bitter cold, past and present members and friends of the 35 year-old church gathered to enjoy a potluck supper, a display of historical photographs and articles, and a worship service in the sanctuary marking the celebration of being debt-free.

The service, conducted by the church's new and full-time minister, Rev. Gene de Jongh, included reminiscences of those in the congregation who were instrumental in the church's building and development. Each person was given a copy of the mortgage title page which they brought to the altar to be symbolically burned by Pastor Gene and First Deacon Lyle Pearsons.

Many in the congregation spoke of the vision and dreams of founder and first pastor, Rev. Frank Dunn. During the ceremony, Pastor de Jongh spoke of the occasion not as an end to the vision, but a new beginning. He encouraged those present to remember and honor those who brought us this far, but not to rest on their laurels. It was now time to move forward with a new vision, a new mission, and to let God guide His church and His people with renewed spirit into the new millennium.

To this end, two Saturday morning retreats are being planned for those who would work toward this vision. The 8:30-1:00 morning sessions will take place Feb. 19th and April 1st and will be open to those who would like to be a part of this re-awakening and play a more active role in the life and mission of the church.

Valley Community Church is a non-denominational church that accepts all members of the Christian faith. If you are interested in learning more about the church and its activities, please call (413) 786-2445 or attend our Sunday morning worship services at 9:30 a.m. in the church on the hill at 152 South Westfield St., Feeding Hills, MA.

You turn our pages each and every week

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St. David's Slates Stuffed Cabbage & Kielbasa Dinner

St. David's Episcopal Church will be hosting a Stuffed Cabbage & Kielbasa Dinner on Monday, February 7th, at 6:00 p.m. The dinner will be held at St. David's Church, 699 Springfield Street, Feeding Hills.

The menu will include stuffed cabbage, kielbasa and sauerkraut, mashed potatoes, buttered carrots, tossed salad, bread and butter, beverages (coffee, tea, and juice), and dessert.

Tickets are \$7 for adults, and \$3 for children under 12 years of age. These may be purchased in advance at St. David's or at the door.

Due to a sell-out for most of last year's dinners, we will be unable to hold unpaid reservations past 6:30 p.m. without prior arrangements.

Proceeds from this dinner will go towards the debt reduction of the new church building.

For more information, please call (413) 786-6133.

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6.00% APY*

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Take Advantage of IRA Tax Savings
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Church News - continued...



Reflections...

submitted by

Rev. Peter Monahan
Pastor of the New Life
Christian Church,
Suffield, CT
(413) 789-1377 or
toll free (877) 643-9801

You're Invited

Does anybody doubt that George W. Bush, Al Gore, or each of the other candidates for President actually want to be the next President of the United States? That may sound like a stupid question, but is there any doubt? The question may sound stupid because each candidate is feverishly campaigning, and spending gobs of money, trying to convince you to vote for them.

The frontrunners of the major political parties sounded strikingly similar rallying cries this week after the Iowa caucuses. George W. Bush invited people "to join me." Al Gore asked people "to fight for me so I can fight for you." Both of these presidential contenders issued the same basic invitation, "follow me." Each man is offering up his own vision of where he wants to lead our country over the next four to eight years. The visions conflict, but each are presented in such a way as to be appealing.

Candidates for President are not the only ones asking us to "follow me." There is a far greater and vastly more important voice calling out to each of us. He began His quest some 2,000 years ago, and His invitation is as applicable to us today as it was the first time He issued it.

After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. "The

time has come," He said. "The kingdom of God is near. Repent and believe the good news!" He also said, "Come, follow Me."

When the Bible speaks about the kingdom of God, it refers to someplace we can look forward to going to after we die; but it also refers to something we can experience here on earth. For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace, and joy in the Holy Spirit. We can live in righteousness, which simply stated means "on right terms with God" because the kingdom of God is near. The good news Jesus was speaking of is that God has chosen not to keep His distance.

There are a lot of misconceptions about what the word **repent** means. **Repent** is a combination of two Greek words, *meta noia*, which mean "to come to one's own mind." The opposite of *meta noia* is *para noia*, which means "to be out of one's mind." Undoubtedly, **repent** will ultimately mean we change our ways, but at its core, **repent** first means we change our minds. For some, it might ultimately mean a significant change of lifestyle. But for others, whatever changes they experience might be more subtle. Either way, Jesus calls us to **repent**.

Repentance is not always easy. Repentance requires us to acknowledge that we haven't always lived up to God's expectations. Repentance doesn't demand that we condemn ourselves as being always bad; but rather to realize that we haven't always been good. It means we admit that some of our learned behavior is faulty. **We have sinned against the Lord our God, both we and our fathers; from our youth till this day, we have not obeyed the Lord our God.**

Sometimes, people are reluctant to answer God's invitation because they fear He will make them become missionaries to some far-off and

foresaken place. As a general rule, that's simply not going to happen. Most often, God's desires for us will be to "bloom where you're planted." Whatever changes take place in us will be more internal than external.

Each should retain the place in life that the Lord assigned to him and to which God called him. This is the rule I lay down in all the churches. Was a man already circumcised when he was called? He should not become uncircumcised. Was a man uncircumcised when he was called? He should not be circumcised. Circumcision is nothing and uncircumcision is nothing. Keeping God's commandments is what counts.

In this passage, the Bible is not "dissing," to use a youthful term, the religious importance of the Jewish rite of circumcision. What the Bible is saying is that those who were not Jewish prior to being called by Jesus should not become Jewish, even though Jesus Himself was Jewish, was the promised Messiah the Jews were waiting for, and was even referred to as "the king of the Jews." It also affirms those who were Jewish when called by Jesus, not to abandon or reject their heritage, either. In both cases, the instruction is the same; don't reinvent or otherwise turn yourself inside out; be normal, **keeping God's commandments, which is what counts.**

The call of Jesus, "Come, follow Me," is a much better invitation than any you'll hear from the politicians this, or any, year. That's not a slam on them. It's just that in the final analysis, the best they can offer us is a package of programs designed to last four to eight years. Jesus offers us God's plan for our lives, which is designed to last a lifetime, and even more; for an eternity. "The kingdom of God is near. Repent and believe the good news! Come, follow Me."

Nocturnal Adoration Society To Meet On Friday, February 4th

The Nocturnal Adoration Society of Agawam and West Springfield will meet at Sacred Heart Church in Feeding Hills to conduct and pray the Office of the Blessed Sacrament, Friday, February 4th from 7:00-11:00 p.m.

All are invited to come and spend an hour in Eucharistic Adoration.

* * *

"Church News" is just one more reason why you turn our pages each and every week...

* * *

Check Out The Special "Wednesday Surprise Scoop" At Agawam Baptist's Trading Post

Do you have the winter blahs? Looking for a fun adventure? Why not stop in at the Baptist Church Consignment Shop and check out our special Wednesday Surprise Scoop?

We have good used clothing for the whole family, plus small household appliances, dishes,

games, puzzles, books, and more.

We are open on Wednesdays from 10:00 a.m. until 5:30 p.m. Come in and browse around. We know you'll be surprised.

Stop in at the TRADING POST, AGAWAM BAPTIST CHURCH, corner of MAIN and ELM STREET.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you...

* * *

MAKE YOUR RESERVATION

An inheritance incorruptible and undefiled [is] reserved in heaven for you. —1 Peter 1:4

As early as 1995, reservations were being made in fashionable hotels and resorts for celebrating New Year's Eve 1999. According to writer Calvin McDowell in *The New York Times*, the London Savoy had by then been twice overbooked. Although the charge for the evening was \$1,000, the Rainbow Room in New York City had a waiting list. So did the Waldorf-Astoria. Reservations were hard to get.

For many people, the end of the 1900s and the dawning of a new millennium brings with it the hope that life will be different. Yet one doesn't have to be endowed with the gift of prophecy to know that life is destined to continue as it was in the last millennium. For example, we can be

sure that death will continue to be inescapable. We know that no one today will live to see the year 3000.

Because death is inescapable, we must answer this very thought-provoking and personal question: Have you made sure of your heavenly reservations? It's not too late. You need to put your trust in Jesus Christ now for forgiveness and cleansing of your sin. You then will have a guaranteed reservation for that home in glory (Jn. 14:2), and you can be assured that you'll celebrate with the Lord for all eternity. Make your reservation today! —VCG

There is a place reserved in heaven
For all who have believed;
Eternal life is freely given
When humbly it's received. —Sper

IT'S NEVER TOO SOON TO PLAN FOR ETERNITY.

We've
cooked up
something
special for
you...



Join us for a delicious
**STUFFED CABBAGE
& KIELBASA DINNER**

Monday, Feb 7, 2000 • 6:00 p.m.
\$ 7.00 - Adults • \$ 3.00 Children under 12

Menu includes:

- Stuffed Cabbage
- Mashed Potatoes
- Kielbasa & Sauerkraut
- Buttered Carrots
- Bread & Butter
- Salad & Dessert
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(Reservations recommended, most dinners are a SELLOUT!)
All reservations must be picked up by 6:30 p.m.

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Episcopal Church

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Parish News And Notes From St. John's Church In Agawam

A NEW PROGRAM TO VISIT PARISHIONERS

If you feel that you have an hour to stop by and say hello, please find out more about this worthy endeavor and become part of our team of "Friendly Visitors."

There will be an informative meeting by Kim George, Director of Activities from the campus at Heritage Hall, on February 8th (Tuesday) and February 10th (Thursday) at 7:30 p.m. in the foyer of the Parish Center.

If you plan to attend, please contact any of the following: Annette Reynolds, 786-4977; Marie Demarest, (860) 741-3931; Ray Provost, 786-6483; or Paula Raiche, 789-0244.

JOHN GAWIENOWSKI

We rejoice with John and his family as he will be ordained to the Order of Deacon this coming Saturday at Holy Cross Cathedral in Boston. We also know John's classmate, Doug McGonagle, who spent two Holy Weeks with us here at St. John's.

Please keep these two in your prayers as they take this major step towards Priesthood, which hopefully will be received in June.

OVER-60 CLUB

There is a trip scheduled on February 3rd, with lunch at the Colosseum at 11:30 a.m., and on to the Museum at 1:00 p.m.

The new exhibit will include "The Mystical Art

of Tibet and Kathmandu" (four brilliantly painted rooms). Cost is \$23, which includes lunch, admission to the Museum, transportation, and driver's tip.

If interested, call Lil, 786-9586, or Barbara, 569-9830.

AGAWAM CATHOLIC SINGLES CLUB

Our parish Singles Club meets on the second Thursday of each month in the Parish Center. New members are always welcome.

Call Joann, 789-0774, or John, 786-2273.

ST. JOHN'S GUILD

St. John's Guild will hold its Pot Luck Supper on Tuesday night, February 1st, at 6:30 p.m. in the Parish Center.

Reservations must be made in advance by calling Charlotte at 786-8376 before January 28th.

MEN'S RETREAT

Join your friends; they are taking off on Friday evening, February 11th, for our Parish Retreat at the Holy Family Retreat House in West Hartford.

It'll be a relaxing weekend of peace and quiet. Good rest, good, and inspiring talks to bring you closer to Christ.

You will come away with a new perspective on your life, and a wonderful inner peace to face problems with new courage.

To make reservations, call Ray Provost at 786-6483.

Activities And Events Announced By Sacred Heart Church In F.H.

FUTURE OF HOPE

How can I participate in the FUTURE OF HOPE?

As we continue to reach out to our parish family and invite everyone to participate in the FUTURE OF HOPE, we need you to serve as a Parish Visitor. To hear more about this important project and how you can help, please attend a very important meeting on Monday, January 31st, at 6:30 p.m. in the Parish Center.

By sharing our time, talent, and treasure as we work towards a FUTURE OF HOPE, we can answer our call to Christian Stewardship. Please join us in supporting this worthy cause.

SACRED HEART ATHLETIC ASSOCIATION

In addition to this weekend's sign-up for the Sacred Heart Athletic Association, the next sign-

ups will be held as follows:

* Saturday, February 12th, 1:00 to 3:00 p.m.

* Sunday, February 13th, 1:00 to 3:00 p.m.

The rates for joining the association are as follows:

Midget League (co-ed, five years-old), \$35.

All other leagues — girls 6-17 and boys 6-12, \$50 (family rates are available).

Fee includes \$10 raffle tickets.

Come feel the joy and excitement of inter-league play. Experience the value of team sports.

SACRED HEART PARISH COUNCIL

There will be a Parish Council meeting on Tuesday, February 1st, at 7:00 p.m. in the Parish Center.

All parishioners are welcome to attend.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter.

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Calendar From Ag. Congregational

On January 30th, the Fourth Sunday after Epiphany, worship at the Agawam Congregational Church (745 Main Street) will be at 10:30 a.m., with Church School at 9:00 a.m. for seventh-through 12th-graders, and at 10:30 a.m. for Crib Room through sixth-graders.

The Sacrament of Baptism will be administered, followed by a solo by Amy Modzelewski - "Come As a Child." Anthems will be sung by the Chancel Choir.

The interim pastor, Rev. Eric Bascom, will give the fourth sermon in his series on basic functions of a Christian Church: "Celebration: Leitourgia."

The Midweek Service now meets each Wednesday evening at 7:00 p.m. Join us in the Fellowship Room for worship, bible study, and fellowship.

All are welcome to attend.

Men are invited to join the Men's Prayer Time, which meets at 7:45 each Tuesday morning.

We read from the devotional guide "Upper Room" for meditation and discussion, with time for coffee and fellowship.

The Friendship Committee's Annual Pot Luck Supper will be held on Sunday, February 13th, at 5:00 p.m. Join us for an evening of food, fellowship, and fun!

The night's entertainment will be a variety of talent, singing, dancing, music, and more from our youth and "young at heart" members.

For more information concerning any of our events, please call the church office at 786-7111.

Agawam Catholic Singles Group To Meet February 10th

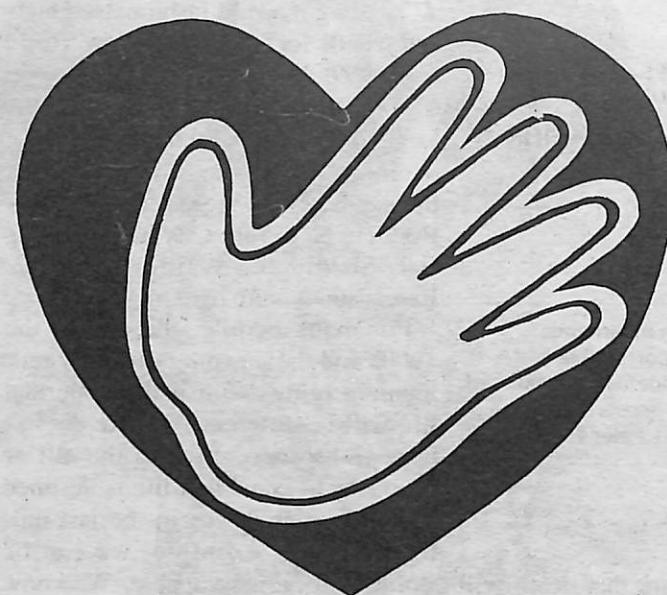
The Agawam Catholic Singles Group meets on the second Thursday of every month at St. John's Parish Center, Main Street, Agawam, at 7:00 p.m.

The group consists of adult singles who are divorced, separated, widowed, or never married.

The next meeting on February 10th will feature board games and a pizza party.

For further information, call Jo Ann at 789-0774 or John at 786-2273.

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Spotlight On Business

Conrad Fafard, Inc. To Move To Agawam Regional Industrial Park

by Kathy Shepard
Feature Editor

Conrad Fafard, Inc., the largest privately held peat moss manufacturer in the country, will move from its 711 Silver Street location to larger quarters, relocating to the Agawam Regional Industrial Park at the corner of Almgren Drive and Silver Street, only about 300 yards from its present location.

Construction of the 12,000 square-foot building is expected to begin in April, with projected completion by fall. Agawam's Planning Board approved plans for the building at its January 6th meeting at the Faolin Peirce Meeting Room within the Agawam Police Headquarters on Springfield Street.

Andre (Andy) Fafard, president of Fafard and great-nephew of Conrad Fafard, has been president of the company since 1990. His brother, Robert, is vice-president of operations. Andy's father, Herve, nephew of founder Conrad Fafard, was president from 1976 to 1990.

Design & Size Of Building Fairly Well Determined

Andy Fafard told us, "We have the design and size of our new building fairly well determined. We are pleased to have to be moving because it's a result of growth, which is probably in the vicinity of 10 percent to 15 percent a year. We are the largest privately held peat moss and mix company in North America. There are some 30 other companies with a similar product line, and competition can be intense."

The company had reportedly outgrown the Silver Street building, which is about half the size of the projected new building. Office and storage space at the new location will allow for anticipated growth in the future, because their business is expanding and they are adding to their product line.

The reason the company is based here is

because its founder, Conrad Fafard, settled here after emigrating from Canada in 1921. He had wanted to work as a carpenter, but a sideline of selling hay to Pioneer Valley farmers from his own family's farm in Canada became a full-time venture.

For a time, Conrad even began importing peat moss from Germany in the 1930's, but World War II made it impossible to obtain the product, so Conrad and his family opened their first peat bog in Quebec.

Conrad Fafard, Inc. joined two branches of the family business when it purchased Fafard Horticultural Products Ltd. It had been owned by some of Andy's cousins, and shareholders of Conrad Fafard acquired the company, giving Fafard control of eight peat bogs.

The Agawam-based corporate headquarters have been situated in a tasteful house, similar in appearance to a residential house except for a sign and a large parking lot. About 25 people work in customer service, accounting, sales, and management, and some 30 manufacturers' representatives sell Fafard products within the eastern two-thirds of the United States.

Fafard's product line includes potting mixes, African violet potting mixes, composted cow manure, specialized germinating and growing mixes for professional growers, and bark mulch. They have been increasing their peat bog holdings in Canada and the United States, expecting increased production from its plants in the South.

Peat moss and soil-less mixes that include peat moss are scraped from the top of sphagnum moss bogs in New Brunswick and Quebec. The bogs



LOOKING FORWARD TO THEIR NEW "HOME" in the Agawam Regional Industrial Park: standing — Andy Fafard, President, and Steve Young, District Sales Manager; seated — Bill Gilligan, Sales Manager, and Tom King, Treasurer. Advertiser News photo by Kathy Shepard.

take from 8,000 to 10,000 years to develop, but the moss sold in stores and and greenhouses is just the top few inches, scraped off each year into rows, and left to dry before being vacuumed up by huge suction machines.

SEE CONRAD FAFARD, INC. -
Page 20...



We are pleased to announce the appointment of Steven Gould, formerly of Toomey-O'Brien Funeral Homes, as Funeral Director at Curran-Jones Funeral Homes. Steve has over fifteen years professional experience and possesses expertise in all aspects of the funeral service business.



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Spotlight On Business - continued...

CONRAD FAFARD, INC. - from Page 19...

Andy Fafard explained, "Peat moss is partially decomposed plant matter from the sphagnum plant." He brought out a bag of the material, which might have been a large bag of tobacco or dirt. "It's stems and leaves, no chemicals and no nutrients."

"Sphagnum moss is a living plant and is a growing natural resource. In Canada, based on current industry use, there are 50 new bales that grow in bogs that are still in a virgin state for every bale we take out of Canada per year."

Retail Carriers & Professional Growers

Fafard has been focusing on large retail carriers while continuing to target professional growers. The Agawam corporate headquarters is not a production site. It is not expected that the move will generate more jobs, but the possibility could exist down the road, according to Andy Fafard.

Fafard is negotiating with industrial park owners Westmass Area Development Corporation in purchasing a 3.6-acre lot. The site Fafard is leaving behind will be put on the market within two months.



AN ARTISTIC REPRESENTATION of Conrad Fafard's new 12,000 square-foot facility. Construction is scheduled to begin in April.



Timely Tips On How To Manage Your Finances

by Sue & Charlie Alvanos
Personal Financial Advisors
American Express
534-3883

The Ins And Outs Of Online Investing...

The online investing craze is here to stay. Words like "cyber-investing," "e-brokers," and "real-time quotes" are abuzz everywhere. But online investing may not be for everyone. Consider the following points in deciding whether to log onto this trend.

Invest online, with a financial advisor, or both? Your answer depends on how comfortable you are making your own investment decisions. And, it doesn't have to be an "either/or" decision. Using a financial advisor for a long-term investment strategy based on your goals and trading online for short-term transactions is an option. In fact, many investment firms offer online trading services you can use in conjunction with the services of a financial advisor.

If you've considered trading online but haven't taken the leap, here are a few pros and cons to help you make your decision.

SEE ALVANOS - Page 21...

DARKER IMAGE

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5 Lbs. Or More	\$2.49 Lb.
10 Lbs. Or More	\$1.99 Lb.
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5 Lbs. Or More	\$1.69 Lb.
10 Lbs. Or More	\$1.39 Lb.
Whole Butt Tenderloins	\$4.99 Lb.
(Cut To Order)	
Whole Pork Loins	\$1.49 Lb.
(Cut To Order)	
Center Cut Pork Chops Or Roast	\$1.99 Lb.
Loin End Pork Roast	\$1.69 Lb.
Rib End Pork Roast	\$1.39 Lb.
Country Style Pork Ribs	\$1.69 Lb.
Fresh Ground Pork	\$1.69 Lb.
Boneless Pork Roast (Cut From Loin Or Rib End)	\$1.99 Lb.
Grade "A" Whole Chickens	69¢ Lb.
Grade "A" Chicken Legs	69¢ Lb.

DELI

Land O' Lakes American Cheese	\$3.69 Lb.
Hoffman Super Sharp Cheese	\$3.99 Lb.
Russer German Bologna	\$1.69 Lb.

Russer Honey Maple Ham	\$3.49 Lb.
Russer Low Salt Ham	\$3.49 Lb.
Russer Cooked Salami	\$2.39 Lb.
Willow Brook Turkey Breast	\$2.39 Lb.
Willow Brook Turkey Pastrami	\$2.39 Lb.

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Hood 1% Low Fat Milk (Gallon)	\$2.19
Hood Skim Milk (Gallon)	\$2.29
Hood Orange Juice (Gallon)	\$2.49
Grade "A" Fresh Jumbo Eggs (Dozen)	99¢

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Frozen Swordfish Steaks	\$3.99 Lb.
Frozen Fish Cakes	\$1.39 Lb.

PRODUCE

Bananas	49¢ Lb.
California Navel Oranges (Jumbo Size)	49¢ Each
Anjou Pears	69¢ Lb.
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Customers While
Store Renovations
Are Being Made...**

Spotlight On Business - continued...

ALVANOS - from Page 20...

On the plus side:

Competitive prices. Trading online is generally a low-cost option. Discount services charge between \$7 and \$15 per trade; however, you may want to look for a site that offers "real-time" quotes, customer support, and/or mutual fund trading. Mid-priced services range from \$15 to \$20 and may include more services. High-end online brokerage firms typically charge from \$20 to \$30 per trade and offer in-depth research, help features, and 24-hour telephone support. For those looking for the latest in pricing, American Express offers ongoing free online trading for qualified accounts.

Convenience, speed, and control. Since the option of electronic trading is literally at your fingertips, you can monitor your investments closely and even place orders after the market closes.

Online information and tools. To help with your decision-making, many sites offer access to current financial and information tools. Take time to research sites to determine which offer the tools you need.

While trading online offers advantages, there are also some drawbacks to consider.

You're on your own. If you choose to invest online without the advice of a financial advisor, you may not consider the effect on your long-term financial goals — you don't have the benefit of a trained professional's advice. It's up to you to do the research on what to invest in. Also, the level of customer service is different from brokerage to brokerage, so be aware of the difference in transaction-related services offered.

Potential technical glitches. Computer crashes, slow modems, and a user's familiarity with the Internet are all technical problems that may need to be overcome to support successful online investing.

Too easy access? Many financial experts say online investing may be too convenient, enticing "day-traders" to move in and out of the market on a whim. Such market timing is inherently risky, since even experts can't predict with certainty what stocks will do next.

Before deciding if online investing is right for you, thoroughly explore all options available. There now are more than 80 electronic trading web sites from which you can choose. Visiting some of them will give you a feel for how they operate.

Online investing may play a role in your overall investment strategy. A knowledgeable financial advisor can help you size up your financial goals, set a strategy to help you achieve them, and help you determine how online investing works for you.



COMMON SENSE

with

Raymond Rose

THE PIONEER GROUP

What's My Real Estate Agent's Role?

When buying a home, you should be aware of the role your real estate agent plays in the process. Here are a few tips to help you stay informed.

Has the real estate industry changed so much that agents will become obsolete?

Real estate professionals who will thrive are those who make themselves indispensable to their clients. Agents who have been merely selling their services as Multiple Listing Service providers will become obsolete unless they adapt and provide services that buyers and sellers find indispensable.

How are real estate agents paid?

Real estate brokers are paid a percentage of the sale price at closing. The brokerage fee is called a commission and is paid by the seller to the listing broker.

The listing broker often splits the commission with the broker who found the buyer for the property. Brokers then pay the agents a share of the commission.

How can I be assured that the agent is only representing my interests?

A broker who represents you exclusively in a

purchase owes allegiance to you and to you alone. This is referred to as a single-agency relationship: one broker represents the buyer exclusively (Exclusive Buyer's Agent); another one represents the seller exclusively.

If you work with a broker who does not represent you exclusively, that broker does not owe you exclusive loyalty. This would be the case in which the agent helping you is an agent of the seller.

If you are considering buying a home in the months ahead, and you want to be represented and protected by an Exclusive Buyer's Agent, simply call me at 731-6800, or leave your name and address on my voice mail (846-0961) and I'll send you a FREE Home Buyer's Kit with complete info about my services.

Also, please be assured there are no fees, pressures, or obligations involved!

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Raymond Rose is a resident of Agawam, and the Principal of THE PIONEER GROUP, a professional real estate and financial services firm serving home buyers and sellers throughout the area. Comments and questions can be directed to his office (731-6800) or his e-mail (RaymondRose@aol.com). Also, contact him via e-mail to receive his FREE online newsletter, THE PIONEER REPORT - Online. It's filled with enjoyable and informative info helping to "keep life simple." Thanks!

LEGAL NOTICE

LIQUOR LICENSE COMMISSION
AGAWAM, MASSACHUSETTS 01001

LEGAL NOTICE

Notice is hereby given under General Laws, Chapter 138 that R.L.Z., Inc. d/b/a Jessica's Lounge, 11 South End Bridge Circle, of Agawam, MA, has applied for a Transfer of Liquor License and Change of Manager from Catherine Mahue to Alice D. Fusco. Building consists of approximately 1,900 sq. ft. of space on one level, consisting of 200 sq. ft. for storage, 100 sq. ft. for kitchen, 50 sq.

ft. for office; public restrooms; and the remaining space of approx. 1,550 sq. ft. for public area. The main entrance is located on South End Bridge Circle with a rear exit to the back of the building.

There is no cellar. Public hearing to be held on Tuesday, February 8, 2000, at 7:00 p.m., in the Faolin Peirce Room, 681 Springfield Street, Feeding Hills, MA.

John J. Chriscola, Jr., Chairman
Richard A. DiLullo
Robert Vanderhoof

Published: January 27, 2000

Home Of The Week...



AGAWAM

\$145,000

Completely renovated 2-Family on the green in Agawam. New Oak Kitchens w/vaulted ceiling on second floor. Included are Whirlpool appliances — stove, refrig, dishwasher, & garb disposal. 2 screened porches. All new bathrooms. New tilt-in Marvin windows. Separate gas heat. Corner lot with plenty of parking. Vinyl sided. Very large LR & master bedroom. A must to see the inside. Don't wait!

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Spotlight On Business - Continued...

"Erin's Closet" Hides Super Surprises

by Kathy Shepard
Feature Editor

On the corner of Suffield and Silver Streets (diagonal to the new CVS), is **Erin's Closet**, an appealing consignment shop on the first floor of a seven-room yellow farmhouse, which is one of Agawam's oldest homes.

Although **Erin's Closet** does offer some plus sizes, as the plump figure on the marquee might hint, Erin's is not a plus size store. The hours are Monday through Saturday from 10:00 a.m. to 4:00 p.m.

Many townspeople remember **Irene's Closet**, which was first located on Springfield Street, then Walnut Street, ending up on Silver and Suffield. Owner Irene Scanlon retired in 1996 and sold the business along with the name.

But the buyer went out of business in February of 1999 and the store was left empty. Irene and her daughter, Erin Shepard, talked things over and in April 1999, the store reopened under the name of **Erin's Closet**.

Erin's Closet can charm a clothes lover as they wander from one clothes-laden room to another, eyeing quality consignment articles of clothing, such as suits, coats, dresses, shoes, handbags, scarves, and jewelry.

Erin Shepard told us, "We get lots of compliments. It's quaint. Every room is decorated differently, and the merchandise is arranged in a way that maximizes the customer's ability to see what's here."

Erin's Closet is a Ladies' Designer Consignment shop, offering sizes 0 to 24 in regular and plus sizes. "We have mostly designer and brand names, such as Liz Claiborne, Jones of New York, Talbots, Carole Little, Karen Scott, Pendleton, Alfred Dunner, Chaus, August Max, Gucci, Dooney Burke, and more."

The staff takes turns covering the store, with Mrs. Scanlon, Erin, or other regular workers there to offer help in finding an outfit or in giving an opinion if one is sought. "We have customers who shop every week, including businesswomen and housewives, so we keep our inventory constantly changing to provide optimum choices," Erin told us.

If an item is brought in on consignment, Erin's policy is to keep it for six weeks. If it has not sold, it is marked down or returned to the owner. "If an item is not picked up, we donate it to a church or give it to someone in need," Shepard explained.

Erin's Closet is ideal for those shoppers who dislike malls or congested city traffic. And for the customer who is trying to find that special outfit for a semi-formal, business, or casual event, prices are reasonable and the merchandise is in mint condition. "We never carry clothes that are over two years-old," Erin explained. "We welcome people to come in and take a look around. The atmosphere is very pleasant."



IN LEFT PHOTO: The exterior of "Erin's Closet," a consignment shop located on the corner of Suffield and Silver Streets (diagonal to the new CVS). IN RIGHT PHOTO: Judy Jenks with Irene Scanlon. Scanlon was the owner of "Irene's Closet" (the precursor to "Erin's Closet"). Advertiser News photos by Kathy Shepard.



IRENE SCANLON WITH HER DAUGHTER, ERIN SHEPARD, showing a few of the great "finds" that can be discovered at "Erin's Closet" (on the corner of Suffield and Silver Streets). Advertiser News photos by Kathy Shepard.

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Spotlight On Business - continued...

Legal
Memo

by

Alan L. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454



Pam Savioli

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On Tuesday, February 1st...

Sasha ZeBryk To Offer Two Workshops At SEC

Does your business self-introduction get the attention and respect you want? Does speaking publicly produce more panic than poise?

If you answered YES, invest in two workshops that will change your anxiety level. **Sasha ZeBryk**, Agawam resident and president of **SashaSpeaks Seminars**, is offering two workshops on Tuesday, February 1st, at the new Springfield Enterprise Center, 1 Federal Street, Springfield (across from STCC).

From 8:00 a.m. to 10:00 a.m., ZeBryk will present **SpeakEasy**. Then, from 11:00 a.m. to 1:00 p.m., she will present **Design Your Verbal Business Card**.

Come and learn how to design a **Verbal Business Card** that projects the "You" you want people to know. Create a verbal card that presents your best self in a 20-second self-intro.

Get people to ask you, "Tell me more?" or "How do you do that?" Explore how to adjust your self-intro to match your different audiences and meet your listeners' needs. Discover how this one technique will grow your confidence AND your business and networkingskills.

The **SpeakEasy** workshop will cover:

- Thirteen ways to reduce your jitters and fears and use your voice powerfully.
- How to create a 30-second "sizzle" to grab your audience's attention immediately.
- Enliven your message with stories, confident gestures, and body language.
- Put you in control and hold your audience.

The cost is \$60 for one workshop, and \$95 for both of the workshops. Mail check and workshop name(s) to: **Sasha ZeBryk**, 210 Beekman Drive, Agawam, MA 01001.

If you have any questions, email ZeBryk at sashaspeaks@aol.com.

Please remember to patronize your local businesses ... AAN!!!

* * *

Medical Malpractice — Neck Injury...

In 1995, the decedent, an 81-year-old man, fell at his home. He was taken to a local hospital by ambulance with his neck stabilized in a soft cervical collar.

He had neck and shoulder pain. X-rays in the emergency room showed a widening of the disc space at C6-C7, indicating instability of the neck. At that time, he did not have neurological deficits. Telephone consultation was obtained with Defendant No. 1 (an Orthopedist) who suggested additional plain X-rays, but no CT scan. Defendant No. 1 did not come to see the patient that evening.

The following morning, Defendant No. 2 (an internist covering for the decedent's primary care physician) examined the patient and ordered that the collar be removed and allowed ambulation of the patient. No one admitted to taking off the collar, but a nurse suggested at her deposition that it was Defendant No. 2 who removed it. Defendant No. 2 said he did not remove the collar.

Later that day, Defendant No. 1 examined the decedent while he was out of bed sitting in a chair. She testified that the decedent had no pain, was stable, and had good range of motion in his neck. This was at variance with observations by others.

She noted the disc space widening on X-ray and testified that she knew disc space widening could indicate ligamentous instability of the cervical spine. The nurses noted continuing pain and neurologic symptoms of weakness in one hand. No further neck protection or stabilization was ordered.

Later that day, the decedent called out for help. He was found squatting on the floor, holding onto the bed rail, but he was unable to get up. He was placed back into bed, but no further X-rays were obtained.

The following day, additional neurological symptoms developed. By the morning after that, the decedent was quadriplegic. A CT scan showed fracture of C6 with subluxation and compression of the spinal cord. The decedent underwent surgical decompression and stabilization of the spine, but the neurological damage was irreversible. He remained quadriplegic until his death six months later.

Defendant No. 1 contributed \$600,000 to the settlement and Defendant No. 2 contributed \$150,000.

Your Home-Buying Process...

As you start your home-buying process, you'll need to define your needs, tastes, and preferences. Narrow down your search by identifying the home style you like best — such as two-story, ranch, contemporary, condominium, or multi-family.

Decide what features you must have in a home and those you'd like to have. Do you want a two-car garage, family room, or fireplace?

In making your decisions, consider your lifestyle realistically. If you don't like yard work, you might want a condo or a home with little landscaping. Hobbyists may need a work room or extra garage space.

This about the neighborhood in which you'd like to live. Choose neighborhoods that appeal to you and talk to the people who live there.

Ask your sales associate about property taxes, including any pending increases or special assessments.

Also be aware of any restrictions in effect in the neighborhood. Look for evidence of good zoning practices. Businesses or industries should not be mixed in with residences. Other regulations, such as on-street parking, may be in force.

For more real estate information, call **PAM SAVIOLI** at (413) 748-7565.

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

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For photo coverage in *The AAN*, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...

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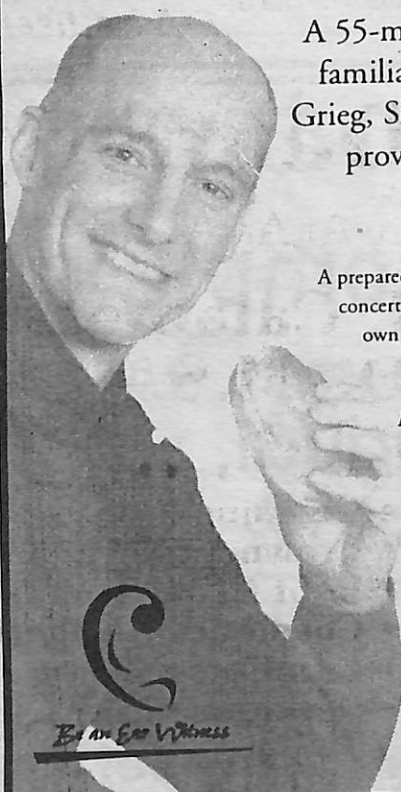
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For Your Health



Fitness Tips...

by
Carmella Kirk, R.N.
Fitness Director
Fitness First

Commitment To Exercise...

The most important single factor to the success of your exercise program is your commitment to it. Whether you are training for a marathon or simply want to get a little stronger, your commitment level will impact this.

To commit to something is to pledge yourself to a certain purpose or line of conduct. You'll make a commitment if you want action.

Making a commitment will require you to have a strong set of beliefs. One belief is that exercise is crucial to your well-being, and that exercise is part of your lifestyle to stay.

Faithful adherence through your behavior is the second piece of the commitment. This means consistent, regular exercise, and that there is no other option.

You've chosen this path, and you are going to follow through. One great description of commitment reads "persistence with a purpose."

So, the first thing you do is commit to yourself (and others, if you want) that exercise is part of your life. Your consistent adherence to your program is the second level.

Balancing all of your chosen commitments is a key to success, and the only way to balance and find success is through determination and persistence. You need two things for this; support and constant improvement.

Support comes when you stand up to those who stand in your way. Those who feel your exercise is just a selfish act and it may pull you away from something else. Remember, taking care of yourself is not selfish!!

Improvement will come with constantly increasing your knowledge base. Continue learning and change up your exercise program all the time. Increase your weights, step up your cardio, try a group exercise class in a health club. Get outside your comfort zone.

Commitment is most difficult during busy and stressful times. This may be the holidays, or a plateau, or an unexpected illness, but remember to adhere to your beliefs and you'll pull through.

Commitment ignites action and action ignites results.

Carmela Kirk's "Fitness Tips..." is a regular feature of The Agawam Advertiser News...

Tips From Baystate Medical Center...

Make Sure To Protect Yourself While Shoveling Snow

"Now that the snow is falling in New England after an unusually mild holiday season, if you haven't already, it's a good idea to familiarize yourself on how to protect your back and heart while removing that often beautiful, but heavy white stuff," said Dr. John Santoro, vice-chairman of Emergency Medicine at Baystate Medical Center in Springfield.

"Persons who have coronary artery disease and other illnesses should avoid exposure to cold weather, especially while shoveling," said Santoro.

Santoro said anyone experiencing the symptoms suggestive of a heart attack should be brought to the Emergency Department immediately.

"If the person is having a heart attack, it can be stopped in the Emergency Department without medication. But, time is of the utmost importance for the heart muscle; any delay will make the outcome worse," he said.

Santoro noted that signs and symptoms of a heart attack include pressure or pain in the chest, arms, or neck; nausea; lightheadedness; sweating or feeling clammy; or unusual fatigue.

"Any unusual exertion from shoveling snow can cause severe back pain for those with healthy and bad backs," he added.

Santoro recommends the following tips to prevent lower back injury, which is the most frequent cause of lost work days:

- When lifting heavy snow, don't bend over from the waist. Instead, keep your back straight and bent.
 - When pushing snow or slush out of the way, bend your knees.
 - Pace yourself. You can get more accomplished with less chance of injury if you take smaller shovelful and do more of them instead of taking large scoops and tiring yourself out right away.
 - Stop periodically when you feel the need to rest.
 - Drink plenty of water. It's important to replenish when you are perspiring.
 - Do some slow, gentle stretches (without bouncing) before and after shoveling to reduce risk of injury.
 - Remember to ask for help when you need it. Hire the youngster down the street to shovel for you or contract with a plow.
- "Be sure to watch out for signs of frostbite while shoveling in extremely cold weather. The first signs of frostbite are a whitening of the skin, numbness, and a tingling feeling," he added.

* * *

"For Your Health" is just one more reason why you turn our pages...

* * *

Valentine Greeting Cards Available To Blood Donors

You can send a special greeting to your Valentine when you donate blood in the name of a friend or relative at Baystate Medical Center in Springfield.

"By donating blood, you and your friend or relative can enjoy the satisfaction of having helped patients hospitalized with serious medical conditions," said William Montilio, coordinator, Blood Donor Program, who noted donors will be given a card that they can mail to their "valentine" announcing their donation.

At Baystate Medical Center, over 3,000 patients require more than 29,000 transfusions each year.

Donating blood takes about 45 minutes, and every donation helps as many as three patients with serious medical conditions.

To donate blood, you must:

- be at least age 17;
- weigh at least 110 pounds;
- be in good health; and...
- have not donated blood within the past eight weeks.

The Blood Donor Center at Baystate Medical Center is open Monday and Friday from 8:00 a.m. to 4:00 p.m.; and Tuesday, Wednesday, and Thursday from 8:00 a.m. to 8:00 p.m.

Transportation is available for groups of four or more. For more information or for an appointment, call 794-4600.

At Mercy Hospital...

Breast Cancer Support Group To Meet In Feb.

The Breast Cancer Support Group, sponsored by the Women's Pavilion at Mercy Hospital, will meet on February 1st and 15th from 5:30 to 7:00 p.m. in the Women's Pavilion, 299 Carew Street, Springfield.

The group is open to women who have been diagnosed with breast cancer or who have experienced mastectomy and other breast surgery. Family and friends are welcome to attend and share their experiences and concerns.

For more information, call the Women's Pavilion, (413) 748-9080.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS). The SPHS's member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

The SPHS is a founding member of Catholic Health East, one of the nation's largest health care systems. Catholic Health East facilities serve communities in eastern states from Maine to Florida.

... when trying to keep
the complex simple.

Read more about this in today's *FOR YOUR HEALTH* column.

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For Your Health - continued...



"Let's Talk About It"

by Dan Pender
Marriage &
Family Therapist
P.O. Box 449
Agawam, MA 01001
(413) 789-4460

Keeping Things Simple - Some Feedback

The main body of this column is a letter I received commenting on my January 13th column, the **Complexity of Keeping it Simple**.

I appreciate the care given to the author's response and present it to you uncut and unedited. Please listen to this perspective and forward your comments to me so that we can continue the dialogue.

You ask the question of how one can keep things simple. Well, let me just state from my own experience, I have learned the easiest way for me to keep things simple is to be organized.

Now, doesn't that sound "simple." Organization is one of the only skills needed to complete any task in a "simple" manner, although the key to organization is knowledge, involvement, and reliability.

You see, for me to simply respond to your request of "How to make things simple," is as simple as contacting you. But...in order to "contact" you and make the simple task, I needed to organize my opinion and my thoughts! I had to sit down and figure out what I knew about making things simple, then I wanted to find a way to demonstrate my ability, and finally I needed to make the effort to actually take the time to contact you. What a project it has been to simply tell you how I can make things so "simple."

Anyway, I also have to comment on the ideas of "starting over." I agree with you, we cannot simply overlook history. Without history, we would not be able to even begin to start over, because history is what has made us. Here's a question to ponder... Who are you? Isn't that the ideal question that everyone searches for; isn't the ultimate answer only a collage of your past?

I ask again, Who are You? ... A high school graduate, a wife/husband, mother/father, teacher/doctor, etc., etc., etc. Well then, how did you become these things... you must have gone to school, gotten married, had a child, or studied something that interested you in your PAST. There we go... your PAST, all the answers lie in the past, history. Therefore to overlook our past experiences is to deny our own life.

There is a cute saying I once saw, it reads, "Life is a test, only a test. If this had actually been your real life, then you have been given instructions."

I believe that every experience in life is a test, a learning device for us. We can either choose to learn from them or we can ignore them and go through life unaffected by anything. Which is more fun? Well, open your eyes and judge for yourself. Life can be so beautiful and for those who can get through the dark tunnels and find some beauty, then they will find life's greatest rewards.

So you see, starting over never really begins, and it never really ends. "Starting over" is a continuous journey of living. So the only advice I have, make life simple by accepting it. When you choose acceptance, you can begin to organize your life... and continue living!

Dan Pender, MA., M.F.T. Marriage & Family Therapist, can be reached by e-mail (AOL screen name: dpmft449) or P.O. Box 449, Agawam, MA 01001, (413) 789-4460.

Support Group On How To Stop Smoking

A support group for persons interested in quitting smoking meets Monday, 6:00-7:00 p.m. in the fifth floor conference room at Mercy Hospital, 271 Carew St.

Sponsored by the Providence Hospital Tobacco Control Program, the group offers services including individual counseling, cessation groups, alternative health referrals, nicotine replacement therapy, education, and motivational support.

For more information, call the Tobacco Control program, (413) 493-2039 or (413) 535-1000.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS). The SPHS' member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

Check our classified ads,
each and every week...



Your Back And Your Health

by Dr. Joseph
S. Schlaffer
Schlaffer
Chiropractic Offices
192 Shoemaker Lane
Agawam

Slip & Fall

Question: A recent slip on a snow-covered walk found me lying flat on my back. My neck snapped. I hurt for a while. Luckily, nothing was broken. Now I'm starting to get neck pain with headaches. Now it seems that my fingers are falling asleep.

Is this something I should see a chiropractor for?

Answer: YES! Everyone knows how damaging a fall on the ice can be. You might suffer a concussion. It can cause an elderly person to break a hip or fracture an arm.

Less obvious is disturbance to the spinal vertebrae. What you are describing is a fall significant enough to damage supportive tissue and misalign spinal vertebrae. This compresses or pinches nerves that exit from the spine, resulting in headache and numbness in the arms/hands.

When vertebrae remain in an abnormal position for a period of time, they begin to heal that way. Splinting occurs and the area becomes prone to degenerative changes and weakness. The longer you wait, the more difficult to correct.

If you understand the less obvious condition of misaligning the spine and its effect on your health, you're one step ahead! Once found, correction through appropriate chiropractic treatment may save you months or years of suffering!

The SCHLAFFER CHIROPRACTIC OFFICE welcomes anyone who may have been injured in a fall or accident. Call us at (413) 789-1369.

Sixth Annual Dinner Dance For Epilepsy Awareness Slated For Sat., February 26th

The Western Massachusetts Epilepsy Awareness Committee will host its **Sixth Annual Dinner Dance for Epilepsy Awareness** and Exclusive Silent Auction on Saturday evening, February 26th, at Chez Josef in Agawam.

This year's recipient of the "Inspiration for a Cure Award" will be presented to **Bill Murphy**, Executive Director of the Epilepsy Foundation of Massachusetts & Rhode Island. He will be honored for his commitment and dedication to the many people in the states of Massachusetts and Rhode Island who are affected by epilepsy. He will join our past recipients, Dr. Fred Hirschenfang, Millicent Kelly, L.D., R.D., and Dr. George Howard, to receive this prestigious award.

The Western Massachusetts Epilepsy Awareness Committee is comprised of approximately 20 committee people. Our main goal is to bring epilepsy awareness to our surrounding communities and to raise funds for research and to provide support for organizations that render services to the thousands of people who live with

epilepsy every day.

Last year's event raised over \$20,000! It was donated to help fund our very first camp for children who have epilepsy — WEE KAN TU - A CAMP FOR CHAMPS!

This year's proceeds will be donated to the Epilepsy Foundation of Massachusetts & Rhode Island to help continue the many programs that it offers. The Epilepsy Foundation of Massachusetts & Rhode Island (EFM & RI) is the only not-for-profit organization serving the more than 80,000 people from these states that live with epilepsy and seizure disorders.

Last year, we had over 700 people in attendance! Please come and show your support for **Bill Murphy, the Epilepsy Foundation of Massachusetts & Rhode Island**, and for **The Western Massachusetts Epilepsy Awareness Committee**.

For more information, please call Carol Pietroniro at (413) 786-9452.

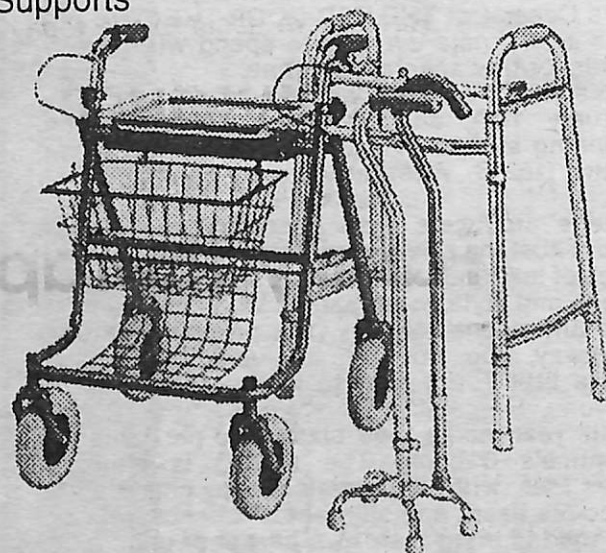
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Arts

Northern Lights To Shine At Symphony Hall On February 5th

Those long, cold winter days and nights in northern European countries have inspired some of classical music's most beloved compositions. On Saturday, February 5th, at 8:00 p.m., Music Director and Conductor Mark Russell Smith will lead the Springfield Symphony Orchestra in concert spotlighting the works of Russian and Scandinavian composers.

This first concert of the century begins with a new dawning which inspired Denmark's Carl Nielsen to write *Helios Overture*. Nielsen sought to escape the Danish winter of 1903 by heading south — to Athens — where he was inspired by the pre-dawn quietude, the joy of the sun's rising, the day's heat, and the solitude brought by the setting of the sun. Here he found a climate more to his liking.

Following the Nielsen work, the orchestra performs excerpts from Peter Ilyich Tchaikovsky's *Swan Lake*, Opus 20. The roots of this classic Russian masterpiece stem from a one-act children's ballet he wrote for his sister's family. Over the decades, *Swan Lake* has become a favorite ballet throughout the world.

Also on the program that evening is a work by Norway's Edvard Grieg, who was asked by his country's premiere author, Henrik Ibsen, to compose the music for a stage adaptation of Ibsen's popular tale, *Peer Gynt*. The play challenged Grieg's ability to compose the music for the tale of a Norwegian peasant with grandiose dreams of being emperor of the world, and his subsequent actions and travels.

Completing the evening's program is a performance of Jean Sibelius' *Symphony No. 2*. Sibelius, like Nielsen, also headed south — to Italy — leaving behind the cold, wintry Finnish landscape. It was early in 1901, the dawning of a new century. There, inspired by the warm pastoral setting, he wrote most of the symphony. *Symphony No. 2* was well received by audiences and critics alike. At the time, Finland was ruled by Russia, leading some critics and conductors to interpret this work as patriotic, embracing nationalism. Not so, responded Sibelius. "I am not a literary musician; for me music begins where words cease."

As with all Springfield Symphony Orchestra's classical concerts, Maestro Smith will be presenting *Classical Conversations*, a pre-concert discussion at 7:00 p.m. at Symphony Hall. This informal and informative talk gives audience members an opportunity to learn about the evening's program in a relaxed, casual setting.

The evening's concert is sponsored by BankBoston. Additional support comes from the Business Friends of the Arts and the Massachusetts Cultural Council.

Tickets are available from the Springfield Symphony box office, 75 Market Place, downtown Springfield, or can be charged by phone (VISA, MasterCard, and Discover) by calling (413) 733-2291. Ticket prices range from \$7 to \$37 and are half-price for youths four through 17. A 25-percent discount is available for groups of 10 or more.

"Valentine Cabaret" Coming To Red Door Theatre In F. Hills

It's becoming a tradition for many. The Valentine's Cabaret at THE RED DOOR THEATRE provides an intimate evening to spend with family, friends, or that special someone.

This year's cabaret will take place on Friday, February 11th, and Saturday, February 12th, beginning at 7:30 p.m. on both evenings at the theatre (152 S. Westfield Street, Feeding Hills, MA).

Stage producers Lyle Pearsons and Margie Secora host the affair, presenting an evening with songs of love and romance that span a wide range of time and style. Interspersed with comedy sketches and a one-act play, the program features Broadway, pop, country, and rock music (yes, even a little Elvis) sure to please the tastes of everyone.

This year marks their sixth time performing a Valentine's Cabaret. The setting is candlelit tables set with a non-alcoholic champagne, chocolate heart, and silk rose. Audiences are encouraged to bring their own basket of goodies or to enjoy the refreshments at The Red Door's concession bar.

Tickets are \$25 per couple or \$12.50 per person and reservations may be made by calling (413) 789-2026.

Part Of First Friday Series...

Patty Carpenter Trio To Perform At The Agawam Middle School On February 4th

The Patty Carpenter Trio will perform jazz, blues, and popular songs as part of Agawam's First Friday Concert Series at 7:30 p.m., on Friday, February 4th, at the Agawam Middle School.

Patty Carpenter, a dynamic vocalist with a wide ranging repertoire, will be backed by Draa Hobbs on guitar and Josh Tower on bass.

The band will explore music from throughout the 20th century. "I wanted to explore songs that were meaningful to me and try to connect them through the thread of 100 years of history," states Carpenter.

She continues, "There's quite a range in this material, and an evolution in both musical styles and cultural sensitivities and we feel that this program and this band will make for a great evening. It seemed like a good contribution to make to the millennium hoopla."

"Patty Carpenter is a versatile singer who can perform jazz, blues, rock, gospel, ballads, and Brazilian beats with a classic lyrical sophistication and a funky, sultry swing," says writer Marty Jezer in the liner notes to Patty's recent CD release, *This Time It's Love*.

The CD has been receiving airplay throughout the country and getting rave reviews. Lenny Mazel, Jazz Director at KCME in Colorado, writes, "Patty Carpenter really knocked me out. She has a very warm and inviting voice, and knows how to use it to great effect. The musicians she hangs out with are no slouches either."

The Green Mountain Jazz Messenger states, "Patty Carpenter sings with a lot of soul. Evidence of her sensitivity and experience of having lived, rather than merely learned the music, permeates every track."

Larry Routt, Music Programmer at WOBO in Ohio, says, "I was totally knocked out by the vocals. What a voice ... I flat out loved it..."

Carpenter, a resident of Greenfield, performs regularly throughout New England. In addition to the CD, she has a cassette release, *In Memory of Love's Refrain*, and an LP titled *No Regrets*.



PATTY CARPENTER

Patty grew up playing the piano during the 1950's in Rochester, New York. She also listened to folk (and played bottleneck guitar at local coffeehouses), rock, and jazz, with Joan Baez, Janis Joplin, Billie Holiday, Ella Fitzgerald, and Carmen McRae among her favorite singers.

This program is supported in part by the Massachusetts Cultural Council as administered by the Agawam Cultural Council.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

Drs. Joseph M. & Katherine S. Schlaffer



Schlaffer Chiropractic

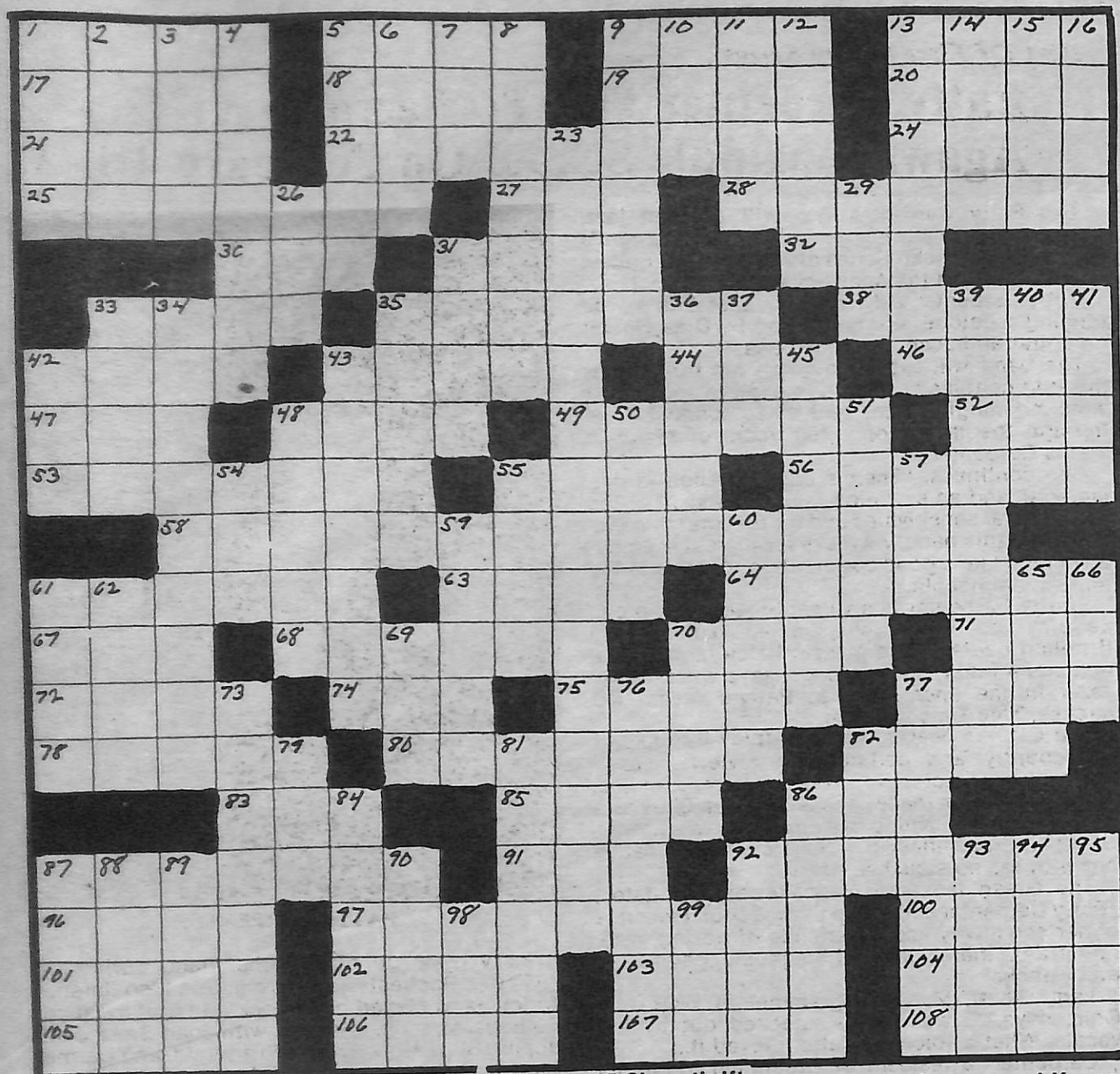
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74 Observe

75 Colorado resort

77 She played "Hot

Lips"

78 Overturn

80 Landed properties

82 Musical group

83 O.P.E.C. product

85 Musical work

86 Hot dog holder

87 Hybrid fruit

91 Stimp's buddy

92 Out to — (retired)

96 Cleveland's Lake

97 — one's leave

100 Hebrew lyre

101 Dailey and Quayle

102 Heap

103 French fashion

mag

104 Ladies for short

(slang)

105 Vegas machine

106 Byrnes et al

107 Rudy and Sandra

108 Part of Q.E.D.

DOWN

1 Mimic

2 Bathe

3 British M.G.

4 Stops

5 Pose

6 Cupid

7 Use a rowboat

8 Old dances

9 Part of a meal

10 Robot novel

11 Sicilian mount

12 German steel city

13 Yes, we have no —

14 I smell —

15 Show thrift

16 Scottish prune

23 Role for Weissmuller

26 I — only fooling

29 Floor covering

31 First name in my-

stery

33 Webster of words

34 Habit and then some

35 Actor MacLeod

36 Juliet's beloved

37 Senora (abbr.)

39 Go off duty

40 Western buddy

41 Ogles

42 Peacock network

43 Comes to pass (poe-

tical)

45 Blood conditions

48 Tangle

50 Killer whale film

51 Hits hard

54 Word of comprehen-

sion

55 Baptismal basin

57 Donkey in Arles

59 Wise ones

60 Stable occupants

61 Pro —

62 Verve

65 Eager

66 Tit for —

69 Formerly named

70 Followers

73 Voice one's opinion

76 Small in growth

77 New Mexico capital

79 New Guinea port

81 Yankee mgr. Joe &

family

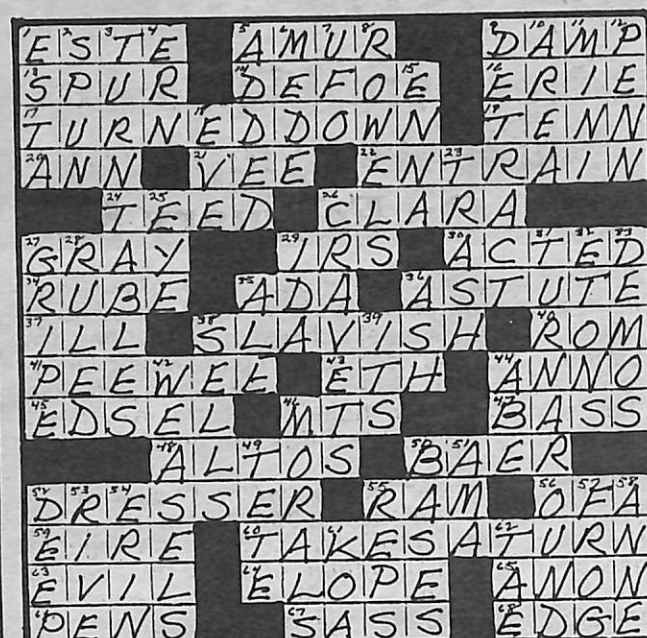
82 Ralph Kramden's ve-

hicle

84 Slant

86 Baseball sacks

Last Week's Solution...



Registration Being Taken For Vacation Theatre Camp In Feb.

Stage Children's Theatre announces registration for its February School Vacation Camp, which runs February 21st-25th from 9:30 a.m. to 3:30 p.m. at THE RED DOOR THEATRE, 152 S. Westfield Street, Feeding Hills, MA.

This theatre camp is a fun way to spend the school vacation for young people ages eight to 15. It involves rehearsing, set-building, costume construction, publicity work, and theatre games all centering on the play "THE LION, THE WITCH & THE WARDROBE."

This delightful play, based on the novel by C.S. Lewis, tells the story of four children who step into a wardrobe and through its magic door to enter the enchanted world of the Lion Aslan, who battles the White Witch to keep the evil forces from taking over the earth. It is filled with engaging characters and animals who all contribute to making the show a heartwarming tale suitable for the entire family.

Performances of "THE LION, THE WITCH & THE WARDROBE" will be presented on February 25th and 26th at 7:30 p.m., and February 26th and 27th at 2:00 p.m. Tickets are \$5 for everyone.

For more information or to obtain a registration form, call THE RED DOOR THEATRE at (413) 789-2026.

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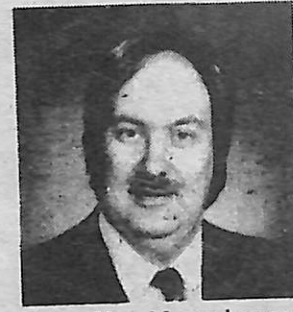
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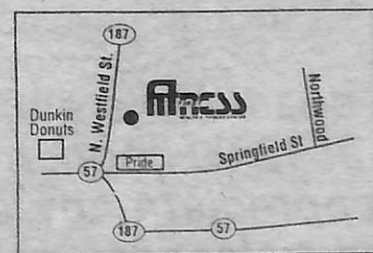
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Education

For Ages 10-12...

Afterschool Programs At Middle School

by Kathy Shepard
Feature Editor

There are everyday programs available at the Agawam Middle School for children ages 10, 11, and 12 whose parents work. Run by Jennifer Sparks, there are choices for the youngsters which can alleviate the concerns of working parents while giving young people activities and companionship.

This excellent resource is available during weeks when school is open as well as vacation days and half-days.

CLUBS

One option open to youths is a choice of interesting clubs to join. The variety allows a student to choose one, two, or more days a week. The offerings include a *Homework Club*, which meets Monday through Friday in the library for eight weeks of supervised homework time. All library books are available for research, report writing, or other typical projects.

Each day provides an hour for the homework and ends with a half-hour of some educational game, such as Jeopardy, Trivial Pursuit, or the like. The club fee is \$70.

The *Bowling Club* meets every Monday for eight weeks. A supervised walk to Games and Lanes warms everyone up for their two strings of bowling each Monday. At the end of eight weeks, each person receives a trophy. This club costs \$80.

Next, there is a *Pillow Polo Club* for those who enjoy the game of hockey. This game can even be more fun and is held on Tuesdays for eight weeks from 3:00-4:30 p.m. The club fee is \$70.

Wednesdays offer a *Computer Club*, spending one afternoon deciphering Dr. Brian's various computer games that include mathematics, puzzle-solving, grammar, graphing, and a lot more. The club fee is \$70 and runs from 3:00-4:30 p.m.

Also on Wednesdays is *Drama Club*, producing their own version of "Little Shop of Horrors." The club will revise its own rendition, set design, and will provide the acting and production. The club fee is \$70 and meets from 3:00-4:30 p.m.

Some of the other clubs are a cooking club, a volleyball club, a crafts club, and a science club.

Run by Mulberry Child Care Centers, a nationwide child care organization whose home office is in Boston, the elementary schools in Agawam have also had afterschool programs for over five years. Phelps, Granger, and Clark have programs on-site, while Robinson Park kids are bussed to Phelps.

Mrs. Sparks, coordinator of the program, told us that the clubs are pre-teen oriented with hands-on activities meant to be fun. "This is a chance for the kids to be with their friends in a supervised environment, engaging in social interaction and interesting activities."

Supportive School Staff

Mrs. Sparks says that everyone from the school staff has been supportive in getting the programs off the ground. "(Principal) Ralph Zavarella and (Assistant Principal) Lou Conte have welcomed us with open minds. Everything I asked for was provided. For instance, they have made rooms available for various programs, loaned equipment such as computers, or stoves and refrigerators in the home economics labs."

The Stay and Play Kids Clubs offer a real luxury for working parents. The opportunity for supervision, companionship, and structured, fun activities seems like an answer to working parents' prayers while giving kids a break, too.

For further information, call Jennifer Sparks, program director, at 530-5850.

* * *

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays...

* * *



IN TOP PHOTO: Jennifer Sparks displays information regarding the ideals of the "Mulberry Kid's Club." IN PHOTO BELOW: Sparks prepares for one of the club activities at the Agawam Middle School. Advertiser News photos by Kathy Shepard.



Boy Scout Troop 82 Has FUN Camping In Sub-Zero Weather

On January 14th, 15th, and 16th, Agawam Boy Scout Troop 82 had its Winter Camp Out in the new Adirondack Shelters at the Horace A. Moses Scout Reservation in Russell, Mass.

These Adirondack Shelters are only three-sided shelters with a roof and wood floor. These wooden shelters were built by the Order of the Arrow Scout members over the last three months.

During a recent weekend, the temperatures at night dropped to minus 10 degrees. In spite of the extreme cold weather conditions, all the boys had fun and realized the importance of their winter

Scouting skills.

The following boys camped out for the weekend: Chad Farrington, Eric McLaughlin, Cory O'Connor, Ryan Griffin, Tim Walker, Jeff Walker, Andrew Jensen, Eric Jensen, and Alex Shibley.

These boys were bravely accompanied by five adult leaders: Joe Longo, Scoutmaster, Mark McLaughlin, Rob O'Connor, Roger Farrington, and Paul Jensen, who were all willing to challenge the cold weather. Most importantly, everyone had lots of FUN!!!

* * *

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter.

* * *

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Adaptive Sports And REC Visits Ag. Middle School

Agawam Middle School was the setting recently for a five-day presentation by Adaptive Sports and Recreation program coordinator Nancy Bazanchuk.

The presentation on wheelchair soccer was part of the Agawam Middle School's annual **Disabled Sports Awareness Week**, which was held the week of January 3rd.

Ms. Bazanchuk spends a great deal of time traveling around the Pioneer Valley educating the young and old about adaptive sports. "Most people haven't been exposed to wheelchair sports," states Bazanchuk, a 1992 Agawam High School graduate. "When I visit a school, I try to educate the teachers and staff as well as the students."

Adaptive Sports and Recreation, a division of Child and Family Services of Pioneer Valley, offers this program free of charge. "It was one of the best activities we've done this year," stated Agawam Middle School physical education teacher Debbie Lickley.

"When Nancy approached us last September about offering this program here at A.M.S., we jumped at the chance." All of the physical education classes took part in Ms. Bazanchuk's two-part presentation of wheelchair soccer during their regularly scheduled P.E. classes.

Ms. Bazanchuk also explained the many different activities and sports offered locally, nationally, and internationally to athletes with various disabilities of all ages. "The students are being exposed to a great activity and learning a great deal about how fun and competitive wheelchair sports can be," stated Bazanchuk.

The program has been such a success that the A.M.S. physical education staff has already reserved a week presentation for next year. Ms. Bazanchuk's program is very popular with the students as well as being one of the most important activities the physical education department has to offer.

For more information on finding out how to take advantage of this great program, call Adaptive Sports and Recreation at 413-788-9695.

Agawam And Feeding Hills Residents Attain Dean's List At HCC

David Entin, Holyoke Community College's Vice-President for Academic Affairs, has announced that students from Agawam and Feeding Hills have been named to the college's Dean's List for the 1999 fall semester.

Full-time and part-time students named to the Dean's List have achieved at least a 3.2 grade point average.

* From Agawam:

Derian Esme Capodagli, Michael P. Daigneau, Kathleen A. Della Penna, Diane M. Griffin, Jennifer Lynn Kasperowski, Katherine Knodler, Joseph P. Letourneau, Shauna C. Nacewicz, Karen A. Nasiatka, Milan J. Patel, Michael P. Powers, Sandra J. Savenko, Brian D. Steinberg, Angela R. Tassinari, and Yvette Velazquez.

* From Feeding Hills:

Shawn David Anderson, Nicole Ann Bossig, Mara L. Cavanaugh, Jennifer E. Chagnon, Heather Cincotta, Ann Marie DiMauro, Scott Foster, Heather E. Franco, Jessica Ann Hansen, Deborah S. Harmon, Karen A. Hershowitz, Janine L. Iacolo, Heather A. Morgan, Jennifer L. Niedziela, Asbel Nunez, Marcia L. Rackliffe, Kimberly M. Rosa, Philip M. Silva, David A. Slater, Maryann J. Spring, Joyce-Ann K.C. Tedone, Sean E. Woodard, and Erik Scott Blackman.

— ADVERTISER NEWS —

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To Be Offered Free Of Charge...

AHS To Conduct Practice SAT Test On Sat., March 4th

Every year, college applications are accepted or rejected on the basis of SAT scores and other factors. High schools across the country are rated according to their average scores. School Committee members question administrators and staff about these results.

But the questions that are often left out of these investigations involve the students themselves. Did they prepare for the test? Did they use the results of the PSAT to work on any weak areas before attempting the SAT?

According to the Frank Meagher, Guidance Coordinator at Agawam High School, the SAT is one predictor of possible success during the first semester of freshman year. It presupposes a student has successfully studied three years of college-preparatory English and at least Algebra 1 and Geometry in the three years leading up to the exam. However, it should not be taken without the proper courses, since it becomes part of the student's school record.

The Agawam High School Guidance Department, in conjunction with the Princeton Review, will be offering to all AHS students the chance to take a practice SAT test and to receive a personalized report showing their areas of strengths and weaknesses.

This program will be offered free of charge to AHS students on Saturday morning, March 4th, from 8:30 a.m. to 12:30 p.m. The test will take place at Agawam High School.

A program will then be held on Thursday, March 9th, beginning at 7:00 p.m., to distribute your son's/daughter's individualized report and to answer your questions about the SAT.

The SAT is not for all students, especially those who lack the required course preparation. Find out if your child is ready to take the test by having them take the practice exam on March 4th.

Students interested in this free practice exam should sign up in the guidance department ASAP in order to reserve a spot on March 4th.

A Sophomore At MacDuffie School...

Emilie Tami Of Feeding Hills Sings The National Anthem At Schoolboy Hockey Game

MacDuffie School sophomore Emilie Tami of Feeding Hills had her moment in the spotlight on Saturday, January 15th when she stood before two rival hockey teams and their fans to sing the National Anthem.

The match was between Cathedral High School, Springfield and the Archbishop Williams

At Bay Path College...

Two Interactive Experiences For Prospective Students

Two dynamic interactive experiences will be offered to prospective students by Bay Path College in February.

On Sunday, February 6th, from 10:00 a.m. to 2:00 p.m., the college will hold an open house for students and their families designed to be an interactive program. Visitors will have campus tours, attend mini-classes with faculty and an informal college student panel, meet with financial aid representatives, and enjoy lunch.

Beginning on Sunday, February 6th, at 4:00 p.m. and ending at approximately 2:00 p.m. on Monday, February 7th, the college will host prospective students for an overnight program where they can experience life in a residence hall and meals in the dining hall, attend classes, participate in social events with current students, and tour the campus.

Founded in 1897, Bay Path College is a small, private four-year women's college with a diverse student body from throughout the U.S. and around the globe.

Offering distinctive baccalaureate and associate degree programs that prepare women for professional roles in a contemporary society, Bay Path focuses on the development of leadership, communication, and technological skills.

The college offers programs in accounting, business, communications, criminal justice, dispute resolution, early childhood and elementary education, English, fine and performing arts, gerontology, history, human resource management, information technology, interior design, international business, leadership in early education, legal studies, liberal arts, liberal studies, occupational therapy, paralegal, psychology, science, and travel and hospitality.

For more information about either the open house or overnight program, please call the Admissions Office at (413) 565-1331 or toll free, (800) 782-7284, or visit the college's web site at www.baypath.edu.

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From The AHS Guidance Office...

by Judy Cohen
Agawam High School
Guidance Counselor

I'm Proud Of You!

Today, as I continued to see students who have been having difficulty in their classes, I realized that I often put those who are doing well on the back burner. I mean, they are succeeding, so I figure they are doing just fine without my intervention. Yet, as I pondered this situation, I thought that I was really doing a disservice. Kids do need pats on the back, too.

When you think about it ... what do we notice? That's easy ... the mistakes. When papers are handed back from the teacher, we notice the red marks on them, not the other words that are left untouched. When we commit an error, it really gives us pause and we strongly remember it.

I remember my children bringing home report cards. Looking them over, my eyes settled first on those grades that I felt could be raised and those are the ones I talked to them about. Yet, there may have been six other grades that were all super and I didn't give those as much emphasis, even though they deserved praise for the good work that they had done in those areas.

So, when I called Mike into my office because of his warnings, I decided to concentrate on the whole picture, not just the warnings. We talked about all his subjects. We spoke about the sports that he does and the many accolades that he has received. We spoke about his work outside of school and his hobbies.

Then, we tackled the warnings.

Before really berating him, I listened to why he had received the warnings and what he was planning to do to bring up those grades. I noticed that instead of getting defensive as so many of my students had when I just concentrated on the negative warnings, Mike was positive and shared with me his reasons and his concerns.

Together, we even came up with a good game plan on how to improve the grades that were not up to par.

Yes, because I did not put him on the defensive, he was so much more receptive than the students to whom I had spoken earlier. Actually, he didn't even make excuses and try to blame his lousy grades on anyone but himself. He didn't have to. You see, he found me to be a ready listener and a person who praised the good as well as faulted the bad.

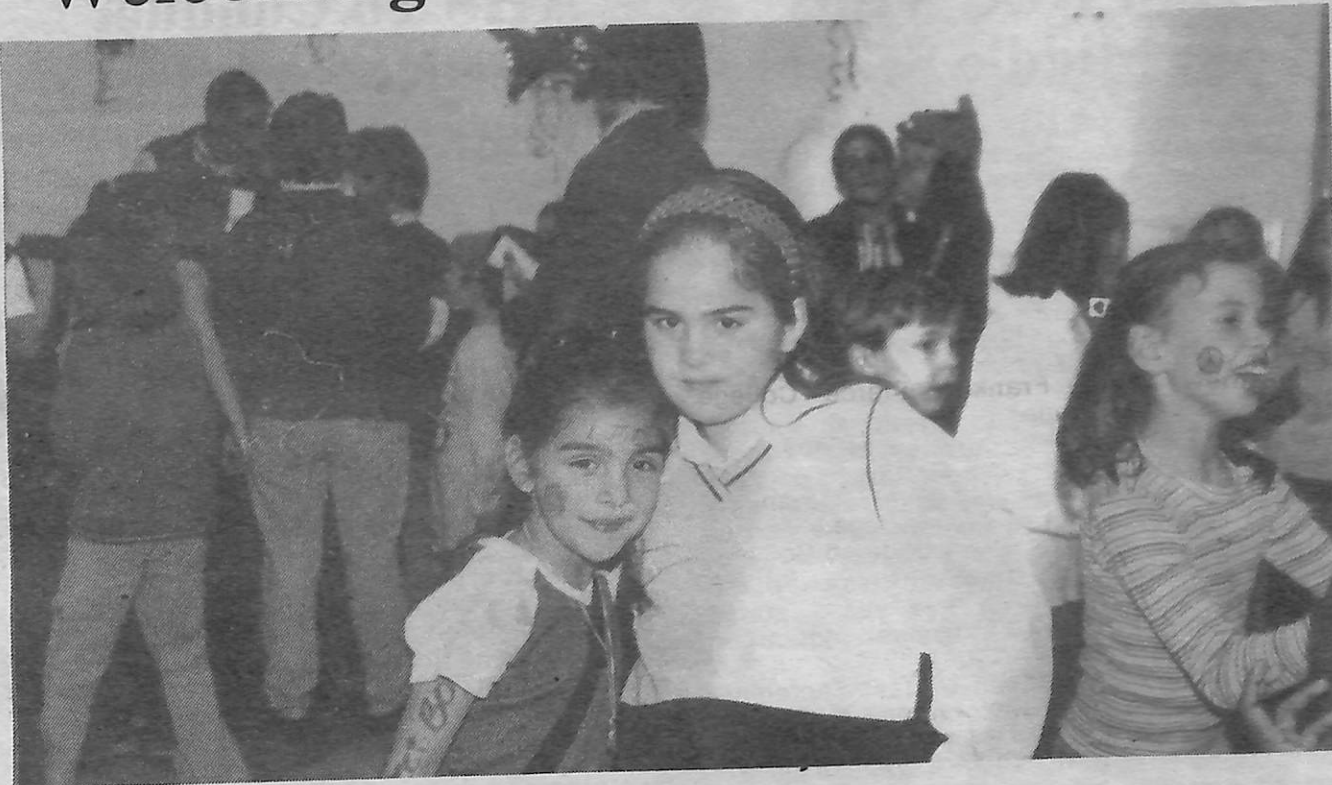
When we discussed the good grades, sports awards, etc., I told him how proud I was of him and I could almost see him light up with joy; his face was actually beaming. Naturally, he felt chagrined about his negative marks, but I hadn't just focused on those.

By looking at the total picture, I was looking at the total Mike and not making him feel like a failure. In truth, he wasn't a failure; he had accomplished many good things. Now, he had to put more effort into certain areas.

How easy it is for all of us to find fault, yet how difficult it often is to praise! Next time warnings come out or report cards are issued, do discuss the grades, but do remember to look at the total picture.

Instead of just zeroing in on the negatives, where appropriate the following words, included within your discussion, can work wonders ... "I'm proud of you!"

Welcoming The New Millennium...



ON FRIDAY, JANUARY 14TH, the students at Phelps Elementary School said "hello" to the year 2000 during a "Millennium Party." IN TOP PHOTO: Second-graders Nicollette Gonyea (Room 9) and Ashley Cross (Room 1) enjoyed themselves during the party. IN PHOTO BELOW: front row — Lisa Howe (Co-President, Phelps PTO), Kathy Paulin (Co-President, Phelps PTO), and Joanne Prout; back row — Joanne Styckiewicz (PTO Vice-President), Sheila Serra (PTO Treasurer), and Karen Texeira (Yearbook). Advertiser News photos by

Kathy Shepard.



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Agawam High School Guidance Bulletin

COLLEGE ACCEPTANCES: Congratulations!

Kaitlin White: Endicott College.

Matthew Sharpe: University of Miami, Quinnipiac College, Ithaca College.

Amanda Sternowski: Curry College.

Gabrielle Robinson: Lynchburg College.

Erin Sullivan: Curry College, Fitchburg State College.

Victor Romano: Mount Ida College, Baltimore International College, Newbury College, Johnson and Wales University.

Matthew Quirk: Franklin Pierce College, Westfield State College.

Jennifer Burke: Fitchburg State College.

Nicole Koehler: Wheelock College.

Jennifer Lyman: University of New Haven, Springfield Technical Community College.

Eliose Alfane: Western New England College.

MILITARY: Congratulations!

Leana Frink: Air National Guard.

Ian Hogan: U.S. Marine Corps.

SCHOLARSHIPS: See your counselor for more information or an application.

Order Sons of Italy Scholarship: A minimum of 22 scholarships at a maximum of \$1,000 each will be awarded. One award will be made to a qualified art student. One award will be made to a qualified music student. Four awards will be made to qualified students without regard to race, creed, or national origin. The remaining awards are available to qualified members in good standing of the Junior Division of the Grand Lodge of Mass. or children of members in good standing. Deadline: March 1, 2000.

Golub Foundation Scholarships: Ten scholarships will be awarded to graduating high school seniors. The selection criteria are different for each scholarship. See your counselor for more information. Deadline: March 13, 2000.

Rebekah Assembly of Mass. Independent Order of Odd Fellows Scholarship: Five-hundred dollars will be awarded to a qualified senior who plans to further his/her education at a two- or four-year college. Selection criteria include scholarship and financial need. Deadline: March 10, 2000.

The following colleges are offering merit scholarships to qualified students who attend that institution: **St. Lawrence University** and **Wheelock College**.

Boston University Alumni Club of Western Mass. Scholarship: Open to graduating seniors from Western Mass. high schools who have been accepted at B.U. Applicants must have filed a CSS Financial Aid Profile and a FAFSA. Deadline: May 10, 2000.

Ruth S. Cotting Memorial Scholarship: Two \$1,400 scholarships will be awarded to freshmen entering the University of Massachusetts whose major will be in an environmental field. Deadline: May 10, 2000.

Springfield Council of Jewish Women Scholarship Fund: Several scholarships are available to students who are residents of greater Springfield. Applicants will be considered regardless of race, religion, or ethnic origin. Deadline: March 15, 2000.

Silvio O. Conte Scholarships: Three scholarships are being offered by the Silvio Conte Educational Foundation:

1. The Silvio Conte Boston College Scholarship of \$3,500 will be awarded to a qualified student who has been accepted to B.C.

2. The Corinne L. Conte Health Related Scholarship of \$2,500 will be awarded to a student who plans to attend a four-year college to major in a health-related field.

3. The Silvio O. Conte Scholarships of \$1,500 each will be awarded to graduating high school seniors.

Deadline: April 1, 2000.

OPEN HOUSES: See your counselor for more information.

February 26th: University of New Haven.

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shopping Center), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.



SUSAN NATALE

Susan Natale Named To Dean's List At American Int'l College

Susan Natale, the daughter of Mr. & Mrs. Michael Natale of Pineview Circle in Agawam, has been named to the Dean's List at American International College for the 1999 fall semester.

A junior majoring in marketing at A.I.C., Susan is a graduate of Agawam High School.

Amy Eggleston Attains Dean's Honor List At Franklin Pierce College

Amy Eggleston, a sophomore at Franklin Pierce College, was named to the Dean's Honor List for the fall 1999 term.

She is the daughter of Mr. & Mrs. Kenneth Eggleston of Feeding Hills.

* * * * *

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

* * * * *

Feeding Hills Students Named To Dean's List At Quinnipiac College

The following students from Feeding Hills were named to Quinnipiac College's Dean's List for the fall 1999 semester:

Michelle L. Kowalewski, 184 Roosevelt Avenue; Julie A. Laflamme, 36 Carmel Lane; Melissa A. Laflamme, 36 Carmel Lane; and Cheryl L. Lanier, 28 Oak Ridge Drive.

Located in Hamden, Connecticut, Quinnipiac College is a private, coeducational, non-sectarian institution 90 minutes north of New York City and two hours from Boston.

The college has 250 full-time faculty and enrolls nearly 4,000 full-time undergraduate and 2,000 graduate students in nearly 50 undergraduate and 14 graduate programs of study in Business, Health Sciences, Law, Liberal Arts, Education and Communications.

Quinnipiac consistently ranks among the top northern regional universities in *US News and World Report's America's Best Colleges*.

Agawam Schools' Weekly Lunch Menu

Monday, January 31st: Pepperoni-topped pizza wedge, tossed garden salad with Italian dressing, chilled fruit cup, milk.

Tuesday, February 1st: Taco boat with cheese topping, niblet corn, cinnamon applesauce, chocolate chip cookie, milk.

Wednesday, February 2nd: Steamed frankfurt in roll, oven-baked beans, seasoned green beans, chocolate brownie or pears in syrup, milk.

Thursday, February 3rd: Meatballs with tomato sauce, seasoned macaroni and broccoli blend, Italian bread and butter, fresh Mac apple or Jello with topping, milk.

Friday, February 4th: Grilled cheese sandwich, oven potato rounds, seasoned vegetables, ice cream cup, milk.

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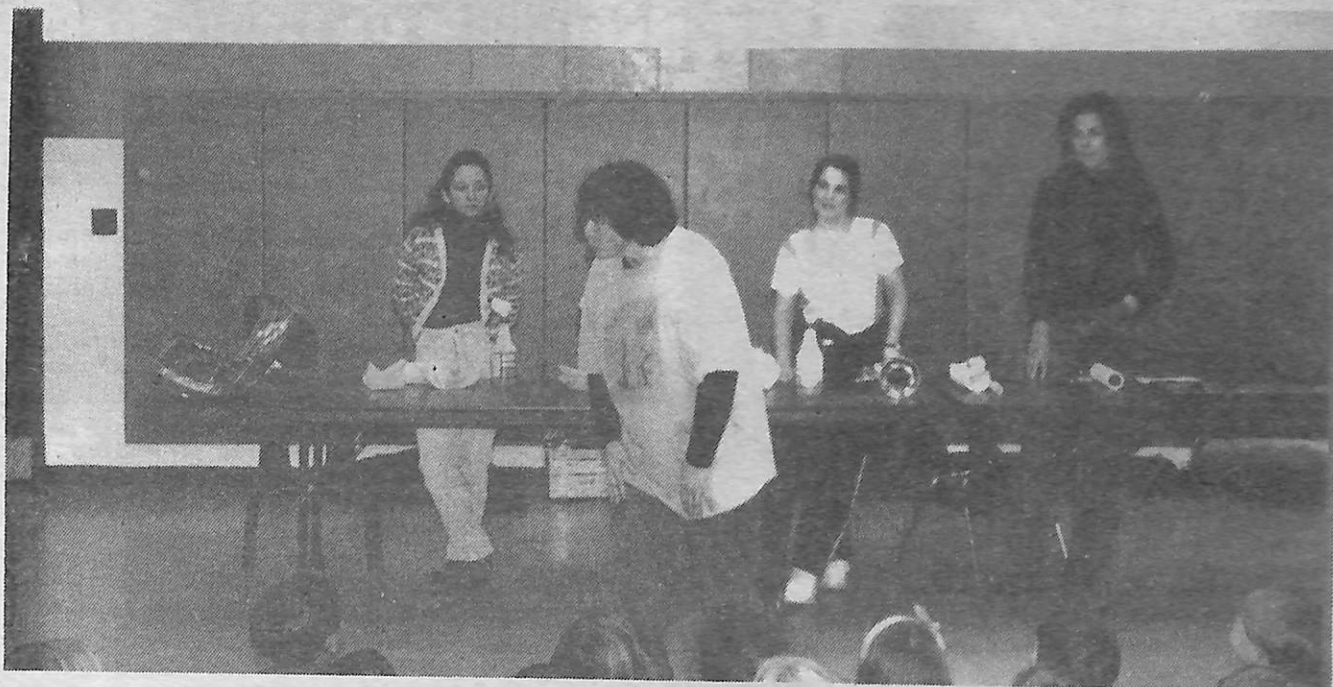
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An "Instrumental" Prog. At Clark



RECENTLY AT CLARK ELEMENTARY SCHOOL, Judy Camyre (in front, center) from the Springfield Symphony Orchestra spoke to the eight first- and second-grade classrooms and conducted a musical "Petting Zoo." This interactive exhibit of musical instruments is designed to introduce area K-12 students to the SSO and its instruments. In the background: Marla Goodman, Cathy Kolugeorge, and Deena Moore. Advertiser News photo by Kathy Shepard.



FIRST-GRADERS FROM MRS. EARLY'S ROOM 3 CLASSROOM listen to the talk given by Judy Camyre of the Springfield Symphony Orchestra during the musical "Petting Zoo" program that recently visited Clark Elementary School. Advertiser News photo by Kathy Shepard.

Storowton Village Museum Offers School Vacation Program

Children ages seven through 12 can step into the 19th century and learn more about early American village life during Storowton Village Museum's winter school vacation program titled "A Day Away in the Past." The program will be offered twice (February 23rd or 24th) from 10:00 a.m. to 3:00 p.m.

Children spending "A Day Away in the Past" will dress in period costumes provided by the Village and try their hand at crafts such as candle dipping, basketmaking, and fireplace cooking. They will also participate in old-fashioned games and experience the uniqueness of a one-room schoolhouse as they "take their lessons" from the "Schoolmistress."

The cost for the one-day program is \$25. To register or find out more about this unique historic program, call the Storowton Village Museum office at (413) 737-0136.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...

* * *

Registration This Sat., Jan. 29th, For Smart Start Preschool

Smart Start preschool is slated to open in September for the 2000-2001 school year. Robin Jensen (currently the director of The Children's Center in Agawam) will be bringing her proven method of a structured, social, and educationally based program to her new school.

Jensen has her BS in education, as well as Mass director certification for early childhood education. With over 20 years of experience in teaching (eight years in early childhood education), Jensen brings her philosophy of helping children develop confidence in themselves, and developing a positive self-image.

The program will encourage independence, creativity, positive social interaction, responsibility, decision making, and problem solving skills. Jensen believes that children need to develop a positive attitude towards school from their first experience, and strives to create an environment of warmth, fun, and stimulating opportunities.

Smart Start will be conveniently located in Feeding Hills Congregational Church (next to Dunkin' Donuts) in the center of Feeding Hills. Smart Start will serve children from the ages of two years, nine months (as of September 1st) through age five.

One two-day session for 2.9 through three year-olds, and two three-day sessions for ages four and five, will be offered. Registration for Smart Start will take place on Saturday, January 29th, beginning at 9:00 a.m., at the rear entrance to the church.

For further information, you can call Robin Jensen at 786-4382.

Robinson School Seeks General Mills Box Tops

For Robinson Park School, please save all General Mills Box Tops for Education (not the Betty Crocker Catalogue Points).

They can be found on the following items: Beef Sloppy Joe's, Fruit Snacks, Lloyd's Barbecue Sauce, Shredded Chicken Pork, Yogurt.

Send in with children, grandchildren, or your neighbor's children. Your support is greatly appreciated.

For more information, call Margaret at 786-2651.

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Sports

Boys' Skiing...

AHS Determined To Keep Up With The Competition

The second race of the season held at Berkshire East was in the giant slalom format. The first Agawam racer, Jack Pearson, came down in what appeared to the fans to be a good run. Come to find out Pearson had fallen in the top portion of the course, which is out of the view of the fans. He recovered, but the time was a slow 41 seconds. That meant the next group of racers had to step up for the team score.

Sean DeVall, the number two racer, did just that, turning in his best run of the year with a time of 31.17 seconds. This turned out to be 10th in the A Division for the night. This also qualifies him to be seeded for individual day at season's end.

Following DeVall and scoring for the team were Bill Campana (32.13), Brandon Donovan (32.38), and Tim Chretien (34.81). Rounding out the varsity were Adam Escobar (35.17) and Jim Evans (36.93). Adam Tapley fell and did not finish the course. Agawam finished fifth for the day as a team.

The long Martin Luther King weekend was not a day of rest for the boys' team, as they traveled east to race the North Andover High School team. North Andover is one of the top teams in Eastern Massachusetts. The weather, however, was too windy and cold to run the race. The Agawam team still managed to get in a day of training working with the North Andover team on its home hill. After the day, the Agawam boys felt confident they could have won.

Snow is what all skiers pray for, but on January 13th, the storm caused the closing of several area schools. This caused that day's race to be moved to January 18th. The 18th brought temperatures around 4° at race time, and the skiers' GS race suits do not offer much protection from the cold. The race still went on.

Pearson was the first Agawam racer to come down the slalom course and turned in a time of 39.80 seconds. That was good enough to finish seventh in the A Division and ninth on the mountain. DeVall came next for Agawam and this time had trouble, catching the third gate and falling.

Donovan was the third racer and had a good run, finishing with a time of 44.44 seconds. In ski racing, hundredths of a second sometimes separate racers. In this case, Campana (Agawam fourth racer) edged Donovan by six hundredths of a second.

Now it was up to one of the bottom half of the order to come through with a time to complete the team. Adam Tapply finished in 52.41 seconds to give Agawam a team score.

Agawam finished fifth again, only one-quarter of a second behind Greenfield and 1.79 seconds behind Holyoke.

After two disappointing fifth-place finishes which saw each of the top two skiers fall, the Agawam boys were determined to improve in the giant slalom race on Thursday, January 20th. DeVall, skiing out of the number two spot, turned in another inspired run with a time of 27.80 seconds to finish seventh in the A Division. Pearson finished with a good run of 28.36 seconds for 11th in the A Division.

Scoring for the team behind DeVall and Pearson were Campana at 29.66 seconds and Donovan at 30.99 seconds. Nick Broska, skiing for the varsity for the first time, had a respectable time of 33.21 seconds.

The remaining varsity finishers were Escobar (32.25), Chretien (34.56), and Evans (34.70). Agawam took third place as a team in this race behind A Division powers Mohawk and Westfield.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...



ON THE SLOPES for the Agawam High School's boys' ski team (from left to right): Bill Campana, Jack Pearson, Sean DeVall, and Brandon Donovan.

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CAROLINE SCHERPA

Profile...

Caroline Scherpa Says Ski Team Is More Competitive

by Dave Rollins
Sports Editor

One of the busiest kids at Agawam High School is Caroline Scherpa. Recently, the senior took some time out to talk about her time as a Brownie.

Caroline is 17 years-old. Her birthday falls on June 23rd. She has spent all four years of her secondary education at AHS.

She has a full course load that includes AP English, AP physics, honors calculus, sociology, computer application 1 and 2, genetics, technical drafting and CAD (101). That's some serious stuff. Physics and calculus are her top subjects.

Arthur Gage and Brian Nowell are her top teachers.

Caroline plans to attend either Boston University or WPI, with a major in biomedical engineering.

Her sport is skiing, where she has been at it for four years, though she did play soccer and lacrosse as a freshman and junior. Besides skiing for the Brownies, she also skis for the Sundown Ski Team on the weekends.

Her most memorable sports moment came at the start of the 1999-2000 season. "Up to then, I'd been skiing behind the two other seniors on the team. This time around, I got the number one bib," she smiled.

Agawam has moved up from the "B" to the "A" Division this year. "I think the upgrade in competition has helped us become more competitive," she noted.

Her favorite food is a big steak with shrimp cocktail on the side.

Red is her hue of choice.

One day she says she is going to own a navy blue Dodge Viper GTS with a white racing stripe.

Pro skier Picabo Street is her top jock.

Caroline says when she wants to relax, it's over a good game of pool at Mad Maggies in Springfield.

The Express is her top shopping spot. She says she likes to dress up a lot.

The Offspring and Metallica are her top groups.

"Just Shoot Me" and "90210" are her favorite TV shows. "The Shawshank Redemption" and "Dirty Dancing" are Caroline's favorites on the big screen.

Donna is her mom. Lou is her dad. She has a sister, Katie (26), who is a graduate of AHS.

The people she looks up to are her family, teachers, and her coaches.

Her days at AHS will be over soon. "I'd like to be remembered as a determined, hardworking, and respectable girl who loved to have fun," she laughed.

"Caroline is a very intelligent young woman, a hard worker, and an excellent senior leader," ski Coach Jim Graveline noted.

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An Honor For AHS's Fall 1999 Athletes...

Several Brownies Earn Spots On All-Western Massachusetts Squads

by Dave Rollins
Sports Editor

While Agawam didn't place a whole bunch of kids on the various 1999 fall All-Western Mass. squads, those they did were quality ones.

In football, senior quarterback Brian St. Jean led the list, making the first team on offense. Brian, operating out of the multiple offense, was dangerous either running or passing, combining for over 1,000 yards. He scored 10 TDs and 87 total points.

He was also dangerous on defense, anchoring that group from his safety position, where he had six interceptions.

Brian is also All-Western Mass. in baseball as a pitcher and will attend the University of Tennessee next year on a baseball scholarship.

In golf, sophomore Bill Menard was named to the first team. Bill tied for a ninth-place finish at the State Tournament. He tied for fifth in the sectionals. He plays to a three handicap out of Oak Ridge Golf Club in Feeding Hills.

He recently competed in Arizona in a Future Collegiate World Tour event and will compete in another FCWT tournament this April in Binghamton, New York. In high school play this year, he had a 37 stroke average and finished 11-5-2.

Agawam had four on the All-Western Mass. Second Team. Tough, two-way tackle Frank Ferrentino, a junior, could level you with a bone-crushing block or stop the run with equal skill. Senior Scott Harlin, better known as a wide receiver and St.

Jean's prime target, also made the second team offensive squad as a running back.

Middle guard Jerry Graves was second team on defense. The 5'6", 215-pound senior was almost always double-teamed. Rounding out the Brownies on the football squad is Dave Moore. The senior, at 5'4", 130 pounds, was named as a defensive back. He was a victim of numbers. Despite rushing for almost 1,200 yards, there was a bevy of running backs in Western Mass. that were also deserving. Dave was an outstanding cornerback for the Brownies. He is also a two-time All-Western Mass. selection in wrestling.

Senior forward Brian Lopes, who scored five goals and added two assists, was second team on All-Western Mass. Division I soccer. Brian was one of the leaders for the 4-12-1 Brownies.

Sweeper Sheri Benton, a senior, again made the Second Team All-Western Mass. girls' soccer squad. Sheri had a goal and an assist for Agawam, which finished 6-9-2.

Field hockey saw senior goalie Mary Elizabeth Dupelle make the All-Western Mass. Second Team. She was one of the best in the area and has been a starter for AHS since she was a freshman. Another senior, Sarah Prussman, made the team as a tenacious defender.

Brownie Liz Clark was second team All-Western Mass. in gymnastics. Her specialty was the floor. She is a junior.

Agawam Parks & Rec. Has "Group Night" Tickets For Several Falcons Hockey Games

The Springfield Falcons, a professional hockey team, is pleased to announce **Group Nights** sponsored by the Agawam Parks & Recreation Department, to be held once a month through April of 2000.

On all dates, your Recreation Department will offer **ONE GREAT DISCOUNTED PRICE TICKET OF \$7** for either adults or kids, with 50 cents of

each ticket sold going back to your Recreation Department for other recreation activities!

The Recreation Department has tickets for all games available now, and they may be purchased at any time up to 24 hours prior to the game. Please call the Recreation Department at 821-0513 for more information.



Youth Lacrosse



Youth Lacrosse: Teams will be divided into divisions for both boys and girls in Grades 5-8.

Fee: \$50.00 per person (includes T-shirt).

Practice for Youth Lacrosse will begin in mid-April.

Players are required to provide their own equipment.



Registration for the Youth Lacrosse is now taking place at the Agawam Parks & Recreation Office in the rear of the High School, 760 Cooper Street

*Sponsored by the
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MARIA SANTANIELLO OF FEEDING HILLS (front row, far right) with her Ludlow teammates at the National Youth 3 On 3 Soccer Championships in Orlando, Florida. Back row: Jessica Bramucci and Jessica Ferriera. Front row: Angela Wozniak and Melissa DaCruz.

At National 3 On 3 Soccer Championships...

Maria Santaniello Of Feeding Hills Helps Ludlow Spirit To Third Place

Maria Santaniello, 12, of Feeding Hills, was a member of a five-girl team which competed and finished third in the National Youth 3 On 3 Soccer Championships held at the Disney Wide World of Sports Complex in Orlando, Florida.

Maria and four girls from Ludlow, Jessica Bramucci, Jessica Ferriera, Angela Wozniak, and Melissa DaCruz, represented the Ludlow Spirit in the U13 girls' division. A total of 620 boys' and girls' teams, in age groups from U9 through U18, participated in the two-day event, held January 15th and 16th. The girls were coached by John Ferriera of Ludlow and Eddie Santaniello of Feeding Hills.

To qualify for the national event, Maria and her Ludlow teammates won the regional three on three tournament held at Ludlow High School in July. The girls were undefeated at the regionals in Ludlow.

In Orlando, the girls played six games and gained third place after beating a team from Texas. Their battle for second place fell short against a team from Illinois.

"It was really great competition," said Eddie Santaniello of the nationals, which consisted of two 12-minute halves in each game played. "We only had one practice to get ready for the nationals and I couldn't believe how well the girls did," he added.

The Santaniello family, as well as the families from Ludlow, had the opportunity to enjoy the beautiful Florida weather during their five-day stay, including time at Disney World. Maria's mother, Beverly, was also part of the group.

The five girls were all members of the Ludlow Luisitanos U13 MAPLE team. Maria is also a key member of the Agawam Umbroliables (Mongoose), the U13 spring 1999 and fall 1999 Division B champs in the Pioneer Valley Girls Junior Soccer League. Maria and her Agawam teammates have moved up to the Division A for the Spring 2000 season.

Eddie Santaniello said he hopes to enter a few girls' teams from Agawam to compete in the three on three regional tournament next summer.

Will Be Heading To Florida On February 3rd...

AHS Varsity Cheerleaders Getting Psyched For National Championship

by Dave Rollins
Sports Editor

Finally, all the hard work is paying big dividends for the Agawam High School cheerleading squad.

After winning the State Championship last year, they qualified for the National Championship. So, on February 3rd at 4:45 in the afternoon, they'll board a Delta jet out of Bradley International Airport in Hartford and head for sunny Orlando, Florida, where the Nationals will be held.

The venue will take place with preliminaries being held Saturday, February 5th at the MGM Studios and the semis and finals held the next day at the Disney Wide World of Sports Complex.

Team captain Kate Chmura can't wait, yet admits, like everyone involved, she will certainly be more than a little nervous. "It's such a big and prestigious event every year in cheerleading. So much is at stake. You have to get emotional," she smiled.

62 Middle-Sized School Teams

And big it is. In Agawam's bracket, middle-sized schools, there are 62 teams alone from all over the country. "We'll be split into two divisions in the preliminaries. Out of all those teams, the top seven get into the semi-finals," Coach Kim Hebert explained.

It's intense. On the first day, the competition goes from 6:30 in the morning to 9:30 at night. And the finals will be aired on ESPN 2. So, not only can the teams lucky enough to get there go for the gold, they'll get some national exposure as well.

While the coach didn't really know if there

would be any Notre Dame-like teams from the world of cheerleading in attendance, she imagined there would. "Cheerleading is very big in the South. Down there, schools spend a lot of money on their squads and kids can get full scholarships to schools if they're good enough."

So the pressure is on. "Yeah, if we're going to have a chance, the key for us will be to nail everything in our routine," Hebert noted. Being on the road and so far from home could be a factor as well.

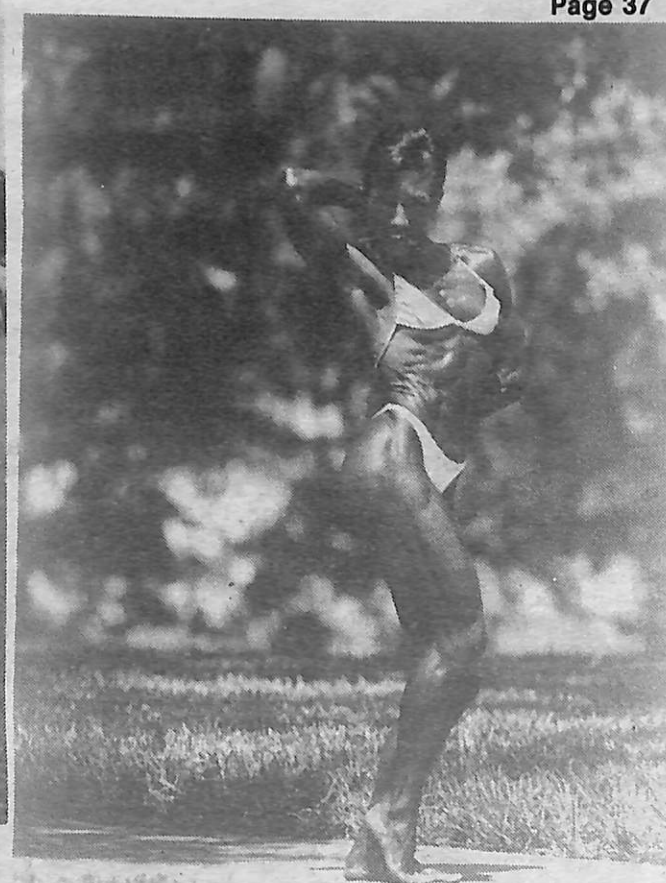
"I don't think it will be," disagreed Hebert. "We'll have many parents on the plane. And they are some of the most supportive people you'll find anywhere. Hopefully, the kids will feel at home."

A Team Of 19

The team will include a total of 19 - 16 will compete and three are alternates. Practice has been going well.

"One of our kids fell on the ice last week and injured her rotator cuff, so one of the alternates might have to be ready to step up. But other than that, we're as ready as we can be," Hebert observed.

They'll be staying at the upscale Disney Resort. That, along with the plane ride, food, sightseeing, and just spending money means for their six-day stay (they'll be home February 8th), a big bill - in the neighborhood of \$20,000. They raised that money by various means, including help from the town, fundraisers, donations, etc.



CARLA SALOTTI

Carla Salotti Earns Awards For Bodybuilding

Former Agawam resident Carla Salotti, a 1979 graduate of Agawam High School, has recently been making a name for herself in the world of bodybuilding.

Salotti, 38, now of Springfield, traveled to Florida last June and won the lightweight and overall crowns at the National Physique Commission (NPC) Tampa Bay Classic.

The 4'11", 102-pound Salotti then took the NPC Southeastern USA lightweight class title. That qualified her for national-level competition this year and in 2001. She's may compete in the 2000 Junior USA.

She is a graduate of the University of New Hampshire, where she received a degree in social science with a minor in dance. She works for the Division of Social Service in Springfield.

Salotti is the daughter of Orland and Virginia Salotti of 108 Albert Street, Agawam.

At Upcoming Home Game...

Twisters To Present Special Night For Connecticut Residents

The Massachusetts Twisters, a professional indoor soccer team, will present Connecticut Night at its home game against the Lowell Frontline, Friday, January 28th in the Eastern States Exposition Coliseum in West Springfield.

All Connecticut residents presenting a driver's license or proof of Connecticut residency at the Box Office at the January 28th game will be admitted for just \$5. Regular admission tickets are \$8 for adults and \$6 for youth and students. Children age four and under will be admitted free.

Professional soccer recently came to West Springfield when the Massachusetts Twisters moved its home from Uxbridge, Mass. to the Coliseum at Eastern States Exposition. The team will play four more home games at the popular location this season: February 4th, vs. the Springfield Legend, West Springfield/Agawam Night; Feb. 18th, vs. the Albany Shockers, Springfield Night; March 3rd, vs. the Springfield Legend, Chicopee/Ludlow Night; March 10th, vs. the New Hampshire Granite, East Longmeadow/Longmeadow/Wilbraham Night.

The doors open at 7:00 p.m. and game time is 8:00 p.m. One hour pre-game clinics for youth soccer players are held by the pros on game night with advanced registration. The \$20 fee includes game night admission.

Discount advance tickets are available for \$7 at the Coliseum Box Office and Exposition offices in West Springfield, Agawam Tire and Auto on Springfield Street in Feeding Hills, and at the Twisters' main desk inside the Coliseum. Group rates are \$5 per ticket with the purchase of 15 or more tickets in advance.

The Coliseum is also home to the Massachusetts Youth Indoor Soccer League. For more information, call Paul or Cathy Lapointe at 413-569-1920.

Girls' Skiing...

Brownies Compete In 4th Race Of Season

The Agawam High School girls' ski team dropped to fifth place in the A Division as they competed in their fourth race of the season. The girls' impressive times and all-out effort weren't enough this time to keep them in their fourth-place spot.

Captain Kerry St. Laurent led the slalom event on Thursday, January 20th, with a time of 47.64. Coach Jim Graveline commented, "Kerry jumped back into first place in slalom, where she left off last year." She was closely followed by captain Caroline Scherpa (48.94). Their fast times placed both girls in the top 30, earning them points towards the state competition in February.

Junior Amy Jensen had the third-fastest time (50.72) in spite of her position in the more difficult fifth varsity spot. Just three-tenths of a second separated Jensen from Ashley Guiel, Jen Pietroniro, and captain Laura Charest in a very tight competition. Katie Feato (59.98) and Janet Jock (61.14) rounded out the varsity lineup.

In the first slalom event of the season on January 11th, the team held on to its fourth-place position in the division with two skiers placing in the top 30 skiers on the mountain. Scherpa and St. Laurent (54.45 and 55.73, respectively) both earned state points with first and second team finishes.

Charest placed a close third (56.58), with Guiel (61.14), Pietroniro (61.37), and Jock (64.00) following. Feato missed a gate and had to hike back up to go around it, but she finished the race with a 99.55. Jensen started off strong, but was unable to finish with a time.

While the varsity team was skiing the slalom course, the junior varsity was tackling the giant slalom course. Courtney Nowill led the JV team with 47.10, and Danya Decoteau (50.30) and freshman Raya Mutti (52.00) followed, while Alyson Garvey did not finish. A fall during this event unfortunately caused freshman Nicole Clausen to injure her arm, confining her temporarily to the sidelines with her arm in a sling.

January 18th's giant slalom event also saw two of our skiers make the top 30. Scherpa (33.58) and Pietroniro (34.97) both earned state points, while Charest came in third with a 36.11. Varsity skiers Jensen, Guiel, St. Laurent, Feato, and Jock also did well on the giant slalom course.

Coach Graveline was pleased with the junior varsity team. "All of the JV racers are starting to take seconds off of their times, creating some very good competition for the last spot on varsity." Nowill (40.02), Decoteau (44.30), and Mutti (45.09) all show promise.

The next race on January 27th (presstime) will be another giant slalom event. Coach Graveline "would like to see a few of our ladies break out and get some great times."

He added, "I know the skill is there. It is the emotional aspect that they must conquer to get to the next level. It is a very difficult thing to do, let yourself go to the limits that you know are within your grasp, but not let fear get in the way."



Outdoors New England

by Kent Servis
Outdoor Writer

Believe It Or Not, Spring Is Less Than 50 Days Away...

By the time that you read this column, there will only be about 47 days before SPRING officially arrives. By the time we get around to all of the winter chores such as reel maintenance, rewinding loose rod guides, cleaning and polishing lures, and replacing rusted hooks, it will be time to hit the open water.

In less than 30 days, the white perch will be in the river and schoolie stripers will start congregating in the lower Connecticut River.

When you look at all of the chores that lie ahead this winter, the time will seem to vanish the longer we procrastinate. There are new boats to be looked at and sportsmen's shows to attend.

By the time we buy that new boat, arrange for delivery, rig it with electric downriggers, outriggers, fighting chair, and all of the extras, the month of February will be over. Now that we have safe ice, a few holes will get drilled and a few fish iced in the process.

It seems that the older we get, the faster time goes by. Since I hung up the ski equipment some years back, I will simply appreciate the rapid passage of one of my least favorite seasons, except for that one "can't miss — must go" event in February.

Sportsmen from all over will be attending the Springfield Sportmen's Show at the Big E. Vendors from all over the Northeast will be in attendance, along with the largest assortment of guides, outfitters, and charter boat captains assembled under one roof.

This show can literally be your one-stop shopping for all your outdoor needs and adventures.

ICE FISHING COMMON SENSE

It is not always safe to assume that ice thickness is the same on all parts of a lake or pond. As we have learned in our quest to become better structure fishermen, spring holes, currents, and creeks can have a great influence on the movement of water and location of fish. It also has a great influence on thickness of ice.

Areas such as the narrows of Middle Pond at Congamond Lakes are a good example. A tragic snowmobile accident and drowning a few years ago are reminders of varying degrees of ice thickness and safety.

Solid, thick ice in part of the lake can lead to overconfidence. A fall through the ice is more than a cold, wet experience. Bugged down by heavy, water-logged clothes and disoriented, some victims cannot find the hole that they fell through and perish underneath the ice.

A little pre-trip planning can also make your first trip onto the solid water a better experience.

Near the top of the checklist is a freshly sharpened auger or chisel. A few minutes of skilled sharpening can be the difference between an easy hole and a strenuous workout. If you are using a power auger, try it out now. It's far better to discover a gummed-up carburetor now, instead of finding out that the darn thing won't run on your first foray out on the ice.

Fishing structure is not confined to open-water fishing. It is not only possible, but quite desirable, to use your boat's fish-finder when ice fishing. A few modifications are in order, unless you have one of those battery-operated units that are designed for portability. Units like the Polar Vision portable ice fishing depth finder is about the size and shape of a flashlight and will give good, accurate readings with ease.

If your sonar is not portable, fear not. Simply fabricate a mounting surface and haul along a tractor or motorcycle battery. Twelve volts are 12 volts, regardless of whether it says "Marine Battery" or not.

By placing the transducer in a puddle of water on the ice, you should be able to get a good picture of the bottom and anything swimming between you and it. Hint: do not leave the transducer sitting in a puddle of water on the surface of the ice too long. If it is really cold, your transducer could become part of the ice itself. I prefer not to risk damage to the transducer by having to chisel it out of a block of ice.

Fish relate to structure in the winter, just as they do in the summer. By being able to quickly find the drop-offs, bars, and humps, you can fish more productively and minimize the number of holes that have to be drilled or chiseled.

LCR units will function quite well, but do not store them outside all winter long. Some manufacturers warn that damage to the liquid crystal screen can occur when exposed to long-term, extreme cold.

Make sure that you change that old line and that ancient backing that may well have rotted away (unless you need to have an excuse for "The Big One That Got Away"). Sharpen your hooks, dress warmly, and strap on your ice creepers. Have fun and, most of all, be safe.

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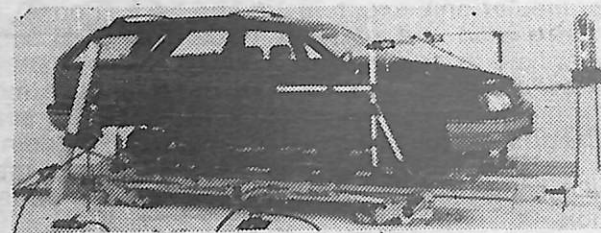
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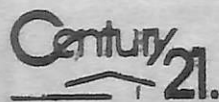
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On Sunday, February 6th...

NEAR Hall Of Fame To Hold Third Induction

Ten of New England's most renowned racers will be honored at the third annual New England Antique Racers (NEAR) Hall of Fame induction ceremonies, Sunday, February 6th.

The class of 2000 will be celebrated, then inducted, at the LaRenaissance Banquet Hall of East Windsor, CT beginning at 1:00 p.m.

The first inductees of the new millennium are Mario "Fats" Caruso (posthumously), Homer Drew, Charlie Elliott, Dave Humphrey, "Buddy" Krebs, Donnie LaJoie, Chauncey "Jocko" Maggiasco (posthumously), Ralph Moody, Ronnie Narducci, and George Summers.

All eight living inductees will attend, as will immediate family members of the late Mario "Fats" Caruso and Chauncey "Jocko" Maggiasco. Jack Arute of ABC Sports and Mike Joy of CBS Sports will host the day's festivities.

A Selection Committee consisting of 15 members of the racing media, along with Jack Arute and Mike Joy, voted inductees. Also, the living 13 members of the NEAR Hall of Fame vote in the final ballot.

As a tribute, two of the most-winning drivers from the recently closed Riverside Park Speedway will be inducted. "Jocko" Maggiasco won 31 features and was a three-time champion (1952, 1955, 1963). Also winning three championships (1957, 1960, 1969), "Buddy" Krebs had 43 feature victories at the park.

Established in 1968, the New England Antique Racers Hall of Fame is dedicated to the preservation of the fellowship and nostalgia of automobile racing. To date, the Hall of Fame consists of 20 inductees.

The inaugural Hall of Fame induction ceremony took place in January of 1998. The first inductees were Gene Bergin, Ron Bouchard, Rene Charland, Richie Evans, Ed Flemke, Ernie Gahan, Pete Hamilton, Ollie Silva, Bill Slater, Bugs Stevens, Harvey Tattersall, and Bill Welch.

Last year's Hall of Fame inductees were Leo Cleary, Fred DeSarro, Melvin "Red" Foote, Bill Greco, Ralph "Hop" Harrington, Marvin Rifchin, D. Anthony Venditti, and Eddie West.

Tickets are now available by calling (860) 569-1299. Tickets are \$35 and include choice of meal. Those interested in joining the first induction ceremony of the new millennium are encouraged to attend.

The LaRenaissance is located on Route 5 in East Windsor, Connecticut, just off I-91.

Locally, tickets may be obtained by contacting Al Fini at 786-1012. Please leave message.



"JOCKO" MAGGIACOMO (above - at Riverside Park Speedway, circa 1965) and "BUD-DY" KREBS (below - at Riverside Park Speedway, circa 1960) are among this year's inductees in the New England Antique Racers (NEAR) Hall of Fame. NEAR will hold its next induction ceremony on Sunday, February 6th.



Basketball Clinic At AHS On Jan. 29th

The Town of Agawam Parks & Recreation Department will sponsor a Basketball Clinic on Saturday, January 29th at Agawam High School.

Cost for the clinic is \$15 with proceeds to benefit the AHS Basketball Booster Clubs. All equipment will be provided. Please do not bring personal basketballs as the town cannot be held responsible for personal items.

Session I will be held from 2:00-4:30 p.m. and will include grades five and six boys and girls.

Session II, which will run from 5:00-7:30 p.m., will include boys and girls in grades seven and eight.

Coaches will be Brian Alves, Agawam High School boys' varsity coach, and Kevin Daley, Agawam High School boys' junior varsity coach.

A maximum of 45 participants per session will be allowed. Registration for the clinic is at the Recreation Office in the rear of the High School, 760 Cooper Street.

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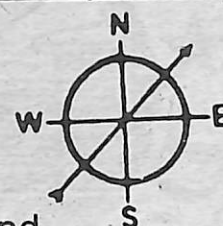


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 (multicolored
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(Based on 3 rooms @ 12x14, 12x10
 and 12x9 areas and hallway based on
 12x4, to equal
 49-1/3 yards installed)

20% OFF

Our entire IN-STOCK
 selection of Mannington
 Vinyls Reg. \$1.09 - \$4.69 s.f.

**NOW
 ONLY 89¢ - \$3⁷⁵**
 Sq. Ft.

**Beautiful
 Wilsonart
 Laminates!!!**

Offering both beautiful hardwood looks...

Classic Plank...Reg. \$3.79 NOW **\$3⁴⁰** s.f.

Performance Plank...reg \$6.29 NOW **\$5⁸⁹** s.f.

...to realistic ceramic tile looks:

Classic tiles ...Reg. \$4.69 NOW **\$4²⁵** s.f.

Performance tiles...reg \$6.59 NOW
\$6¹⁹ s.f.

**15-20%
 OFF**

Selected Ceramic Tiles

offering hundreds of colors/styles for floors, walls,
 countertops... Reg. priced from
 \$219 to \$13.38 sf.

**SAVE
 UP TO \$2¹⁹**
 Per foot!

**Gorgeous
 Solid Hardwoods
 on Sale.**

Over a Dozen to choose from with
 Fabulous Sales Pricing:
 Reg. \$5.05 - \$7.99 s.f.

**NOW
 ONLY \$4¹³ - \$5⁷³**
 Sq. Ft.

**Sale
 Through
 Jan. 31, 2000**

6 Months No Payments, No Interest
 With Abbey Charge

CARPET

VINYL

**Hard
 wood**

**CERAMIC
 TILE**

Laminate